

*The independent journal for Buntingford & Villages  
published by Buntingford Civic Society*

# Buntingford Journal



**The U3A's 'Picnic in the Park', held in Layston Court Gardens in glorious early June sunshine.**

***Inside this month:*** Introducing Sue Fender of the United Reformed Church; Jeff Jones outlines the Trees and Woodland Strategy of Hertfordshire County Council; Hyde Hall Farm and the Cannon Family; and the Cougars sponsored walk in aid of the Lynsey Ivison Trust.

**70p**

**July/August 2021  
Volume 46, No.5**



# *JOHN D KILBY & CO*

CHARTERED ACCOUNTANTS & REGISTERED AUDITORS

**SPECIALISING IN THE ACCOUNTS AND TAXATION AFFAIRS  
OF THE SMALLER BUSINESS AND SELF EMPLOYED.  
LIMITED COMPANY FORMATIONS AND AUDITS.**

**FREE INITIAL CONSULTATION, WITHOUT OBLIGATION,  
ANYTIME BY PRIOR ARRANGEMENT.  
ANSWERPHONE SERVICE OUT OF NORMAL HOURS.**

---

MUTFORDS, HARE STREET, BUNTINGFORD, HERTFORDSHIRE, SG9 0ED  
TEL: (01763) 289 466 FAX: (01763) 289 888

- Free design service
- Large showroom
- Wet rooms tanking
- Under floor heating
- Professional fitting team
- Local, family-run business
- Tools, adhesives etc always in stock
- Free parking outside shop

The  
Tile Shop

LIMESTONE TRAVERTINE GLASS MOSAIC PORCELAIN HANDMADE VICTORIAN



**01763 272838 | 117 High Street, Buntingford, Hertfordshire, SG9 9AF**

[www.thetileshopbuntingford.co.uk](http://www.thetileshopbuntingford.co.uk) | [info@thetileshopbuntingford.co.uk](mailto:info@thetileshopbuntingford.co.uk)

# melodies music education

## OPEN DAY – ALL WELCOME

**Saturday 26<sup>th</sup> June 11.00am – 3.00pm**

Come and visit us in our new studio in Buntingford & join us in a celebratory glass of fizz !

Ask about our August summer starter courses for:  
ROCK SCHOOL PIANO, VOICE & MUSIC PRODUCTION.  
GCSE & A LEVEL COMPOSITION

For further details on what we offer, please email  
[melodiesmusic2@aol.co.uk](mailto:melodiesmusic2@aol.co.uk) or call 01763 2473011

‘Opening your world to music’



**Call 01763 43 43 43**

**Buntingford & Surrounding Areas**

Airport transfer specialists  
Executive Mercedes estate available  
All major credit/debit Cards Accepted  
Local or long distance  
Accounts welcome  
Four, six and eight Seater vehicles

All Cars Licensed by E.H.D.C and Fully Insured.

[www.riversidetaxis.co.uk](http://www.riversidetaxis.co.uk)



# COUNTRY MAIDS

DOMESTIC CLEANING SERVICES

*Let us take Care of your Housework . . . .*

- Spring Cleans
- Weekly or 2 Weekly regular Cleans



- Carpet Cleaning

Telephone: **01763 272908**

Professional Ironing  
at an affordable price



THE BUNTINGFORD  
IRONING COMPANY

Free collection & delivery to  
Buntingford and surrounding areas  
Fast turnaround  
Fully insured  
Professionally packaged  
20% off your first order

For prices and availability please call or text Frankie 07850656135  
Email: [thebuntingfordironingcompany@gmail.com](mailto:thebuntingfordironingcompany@gmail.com)  
We are also on Facebook

## BOOKKEEPING SERVICES

*All Aspects of Bookkeeping Undertaken  
VAT Return Submissions-Monthly Payroll  
Management Accounts  
Experience with Computerised Accounts Systems  
Qualified Certified Bookkeeper  
Self-Employed and flexible to requirements  
References Available*

**CHRIS STIGWOOD 07814 096 789**  
**[chrisstigwood@hotmail.com](mailto:chrisstigwood@hotmail.com)**

# SJ TOKELY LTD

MECHANICAL ENGINEERS

Units 12/13 Park Farm Industrial Estate · Buntingford · SG9 9AZ  
[sjtokelyltd@btinternet.com](mailto:sjtokelyltd@btinternet.com)

**Servicing & Repairs**  
**MOT's and Pre-MOT Checks**  
**Engine Diagnostics**  
**Air Conditioning Re-Gas**  
**Tyres - New Budget & Branded**  
**Any Type of Repair Undertaken**

**01763 274260**

**Collection & Delivery Available**



### OPENING HOURS

MON - 8.00 - 6.00

TUES - 8.00 - 6.00

WED - 8.00 - 6.00

THUR - 8.00 - 6.00

FRI - 8.00 - 5.00

SAT - BY APPOINTMENT

# Let me design and build your dream website

from as little as £395

John Littleford Web-Designer  
07931 989998 [johnlittleford.co.uk](http://johnlittleford.co.uk)  
[hello@johnlittleford.co.uk](mailto:hello@johnlittleford.co.uk)



## HERTFORD AERIAL SERVICE

Proprietor F. McDermott  
TV & FM STEREO AERIALS  
Storm Damage & Insurance Work  
Boosters, Multi Points, Video Playback



ALL WORK GUARANTEED  
Independent Sky Digital Installer



01992 589164  
MOBILE PHONE 07836 298204

## Suzanne Hoy Counselling

Counselling for most issues including

Anxiety - Anger - Phobias - Relationship Problems - Bullying  
Self Confidence - Assertiveness - Life Changes - Self Esteem  
Mid and Late Life Crisis - Loss and Bereavement - Panic Attacks  
Individuals and Couples

07961 022 502

[zannahoy@icloud.com](mailto:zannahoy@icloud.com)

BACP Accredited Counsellor  
Baldock Road, Buntingford, SG9 9FE

 REED FIRST SCHOOL

**REED FIRST SCHOOL  
WELCOMES YOU & YOUR FAMILY**

Are you looking for a Nursery or First School place?  
Nursery places can start the term children turn three.

Set in beautiful grounds, we are proud of our caring and inclusive environment. Our parents and children, staff and governors love being part of Reed First School and we would be pleased to welcome you too!

REED FIRST SCHOOL, JACKSON'S LANE, REED, SG8 8AB  
[admin@reed.herts.sch.uk](mailto:admin@reed.herts.sch.uk) | 01763 848304

[www.reed.herts.sch.uk](http://www.reed.herts.sch.uk)

Ready to try the world's leading platform for health and performance?

WORK OUT WITH US!

**CROSSFIT  
BUNTINGFORD**

The largest fitness space in Buntingford!

constantly varied, functional fitness performed at high intensity, get fit for whatever life throws at you!

UNIT 17 THE FIRS, WATERMILL INDUSTRIAL ESTATE, BUNTINGFORD  
[WWW.CROSSFITBUNTINGFORD.CO.UK](http://WWW.CROSSFITBUNTINGFORD.CO.UK)  
@CROSSFITBUNTINGFORD

With Covid spaced stations which contain all you need, you know you're in a good place to achieve your goals.



# Nationwide Supplies

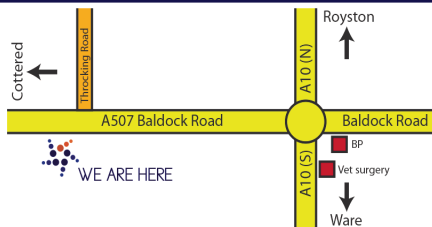
BUILDERS AND PLUMBERS MERCHANT



- Plumbing & Heating
- Building Materials
- Landscaping
- Paints & Decorating
- Bathrooms
- Ironmongery
- Fixings & Fasteners
- Fencing
- uPVC Windows & Doors

- Aggregates
- Plaster & Boards
- Underground Drainage
- Sheet Materials
- Kitchens & Appliances
- Insulation
- Hand Tools
- Timber & Joinery
- Fascia & Soffit

- **Same day** local delivery
- Trade counter open to trade and public
- UK next day delivery
- **Click & collect** within 1 hour



TEL: 01763 28 11 11

| [www.plumb.build](http://www.plumb.build)

BUTTERMILK HALL FARM, BALDOCK ROAD, BUNTINGFORD, HERTS, SG9 9RH

**CARS**

**TRUCKS**

**KB TYRES  
LTD**



**WARE 01920 822524**

**EXHAUSTS**



**BATTERIES**



**TYRES**



Puncture Repairs  
Wheel Balancing • Tracking

Visit us at:  
Colliers End, Ware  
or  
Buntingford Road, Puckeridge

**TRACTORS**

**DUMPERS**



YOUR LOCAL RETAILERS AND INSTALLERS  
OF WOOD BURNING STOVES,  
FIREPLACES AND GAS FIRES.



TEL: 01438 300330  
EMAIL: [INFO@HUDSONSSTOVES.COM](mailto:INFO@HUDSONSSTOVES.COM)  
CHURCH FARM, ARDLEY, SG2 7AH



Church Lane Creative is a new local graphic design company offering full personal service from creative inception to project delivery.

We can help create beautiful designs for your business and work with you to help them become reality.

07887 618574  
[design@churchlanecreative.com](mailto:design@churchlanecreative.com)  
[churchlanecreative.com](http://churchlanecreative.com)

Logo - Brochure - Leaflet - Branding - Signage



# JEWELLERS

& GOLD BUYING CENTRE



For Opening Times,  
New Products  
Blogs & More

Visit Our Website  
[www.hcjewellers.co.uk](http://www.hcjewellers.co.uk)

For All Enquiries  
Contact Us On



[info@hcjewellers.co.uk](mailto:info@hcjewellers.co.uk)

01763 244705



8 High Street, Royston, Hertfordshire, SG8 9AG

Buntingford  
& Stortford  
Hybrid  
Studio



Personal Training, Venue  
Exercise Classes, Online  
Exercise Classes and Pre  
Recorded Workouts

[WWW.JACQUI-SMITH.NET](http://WWW.JACQUI-SMITH.NET)  
07956 647806

## VENUE CLASSES

### Dance Fit

Monday 6pm Layston School  
Thursday 9:15am Seth Ward Centre

### Pilates

Monday 7pm Layston School  
Wednesday 7:30pm Layston School  
Thursday 10am Seth Ward Centre  
Friday 10am Great Horstead Hall

### Full Body Workouts

Wednesday 6:45pm Layston School  
Friday 11am Seth Ward Centre  
Saturday 9:15am Braughing Community Centre

## ZOOM LIVE STUDIO

**Pilates** Tuesday & Thursday 10am

Tuesday & Thursday 7:30pm

**Dance Fit or Weight Workout** Tuesday 7pm

**Cardio Blast** Thursday 7pm

**HIIT** Sunday 10am



[www.jacqui-smith.net](http://www.jacqui-smith.net)

07956 647806

# A R Services

*carpentry  
kitchen/bathroom installation  
kitchen worktops mitred and fitted  
tiling/flooring  
flat packed furniture assembly  
painting & decorating  
general property maintenance  
garden maintenance  
wooden climbing frames*

**Prompt, trustworthy and reliable service**

**competitive rates free estimates**

**Call Andy Ricketts  
on 07941 078069 or 01763 274868  
arservices69@gmail.com**



Replenish  
& Reuse

45 High Street, Buntingford, SG9 9AD

## Buntingford's new zero waste shop

Selling a variety of food, toiletries, cleaning products and household items with zero or minimal packaging. Bring your own containers and buy as little or as much as you require.



[www.facebook.com/Replenish.Reuse](http://www.facebook.com/Replenish.Reuse)



[www.twitter.com/Replenish.Reuse](http://www.twitter.com/Replenish.Reuse)



[www.instagram.com/replenishandreuse](http://www.instagram.com/replenishandreuse)



[www.replenishandreuse.co.uk](http://www.replenishandreuse.co.uk)



[shop@replenishandreuse.co.uk](mailto:shop@replenishandreuse.co.uk)

01763 274198

Marketing  
**ZONE**

# Websites, design and marketing

Logos • Leaflets • Brochures • Websites  
Social media • Google AdWords

[www.marketingzone.co.uk](http://www.marketingzone.co.uk)

**T: 01763 274440**

Established 1997

Personal,  
caring and  
independent.

*The complete  
funeral service*

---

24 hour service

Private Chapels of Rest

Memorial Stonemasons

Funeral Plans

Own Crematorium

---

BUNTINGFORD

01763 274111

AUSTIN'S

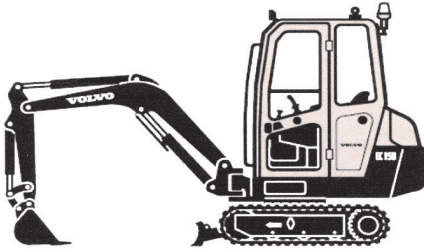
FAMILY FUNERAL DIRECTORS

[www.austins.co.uk](http://www.austins.co.uk)

*Serving the local community for ten generations*



# J P SERVICES



## Mini Digger & Driver Hire

Groundwork & Demolition  
Landscaping  
Drainage & Septic Tanks

Call James on:  
**07900 104223 or 01920 822888**  
or email [jp-services@live.com](mailto:jp-services@live.com)

Website: [www.jplandscapeervices.co.uk](http://www.jplandscapeervices.co.uk)



BUNTINGFORD  
SCHOOL of DANCE  
Est. 2002

[www.buntingfordschoolofdance.co.uk](http://www.buntingfordschoolofdance.co.uk)

**Ballet, Tap, Modern, Street,  
Musical Theatre & Adult Tap**

ISTD Exams, Shows & Competitions  
Classes from Age 3

Tel: 01763 271010 or

email: [buntingforddance@btinternet.com](mailto:buntingforddance@btinternet.com)

**FREE TRIAL CLASSES!**



@buntschooldance



facebook.

## HANDYMAN

For all household & gardening jobs,  
Flat pack assembly – home improvements,  
Odd jobs, maintenance, decorating,  
New home DIY - no job too small.  
All the jobs you don't want to do.  
References available

Call Barry on 01763 272210  
or 07443 033298



**Premier  
Payroll**

**Specialist  
Payroll Services**

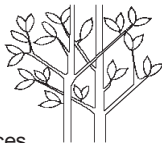
Helping small  
and medium sized  
businesses,  
1-249 employees

[www.premierpayroll.co.uk](http://www.premierpayroll.co.uk)

T: 01763 273311 E: [lisa@premierpayroll.co.uk](mailto:lisa@premierpayroll.co.uk)

## ANDREW COATES B.Sc GARDEN DESIGN

- Creative Garden Design & Project Management
- Consultations and Advice
- Maintenance, Planting, Pruning & Turfing
- Tree Surgery, Fencing & Garden Construction Services



01462 896902 Mobile: 07718 426613  
[www.ac-gardendesign.co.uk](http://www.ac-gardendesign.co.uk)

**MUMMY SOS** *Have you heard of a  
Mobile Crèche?*

**WEDDINGS ◊ CORPORATE EVENTS ◊ PARTIES**

*Professional childcare  
tailored to any event!*

*Parents can relax and enjoy  
the celebration knowing their  
children are being well looked  
after and having great fun  
in the on-site crèche!*



**Mobile Crèche ◊ Supervised Play ◊ Event Nannying  
Room Babysitting ◊ Corridor Monitoring ◊ Overnight Stays**

[www.mummy-sos.com](http://www.mummy-sos.com)

alex.zetter@mummy-sos.com 07595053512

30 years of childcare

Apple Blossom Pre-School & Day Care

Ofsted Registered

**Now Open**  
A brand new  
**Pre-School & Day Care**

Come and see us at:  
Scout Hall, Bowling Green Lane,  
Buntingford SG9 9AW

**Open 8am-4pm everyday**

- ✓ For children aged 2yrs +
- ✓ Funding Available

**Call: 07432 793008**

**ENROLLING NOW!**

**FREE TRIAL FOR NEW STARTERS!**

Find us online  
f t i

LEARN THE ART OF  
**SHOTOKAN KARATE**  
**BUNTINGFORD**

**FREE INTRODUCTORY LESSON**  
**FREE MEMBERSHIP**

- Professional Classes
- Progressive Syllabus
- Qualified Instructors with 20 years experience
- All Ages from 6 years
- Family Discounts
- All fitness Levels welcome

**BEGINNER CLASSES STARTING NOW**

Every Monday at 6pm

Seth Ward Community Centre,  
Luynes Rise,  
BUNTINGFORD  
SG9 9SG

01462 734 960  
07866 374 674  
www.kstsk.co.uk

INCLUDING SPECIAL CHILDRENS CLASSES  
4-6 years

**VURCHOO**  
JEWELLERY

Every pair of studs helps a child  
escape poverty  
and access education

**Studs of hope**

A Buntingford brand  
07939 800 859  
info@vurchoo.co.uk | www.vurchoo.co.uk

\*Prices starting at £36

QUALITY  
KITCHEN  
FACELIFTS

Do You Dream Of A  
New Kitchen?



**DREAM DOORS**<sup>®</sup>  
NEW LIFE FOR OLD KITCHENS

Checkatrade.com    
Where reputation matters

9.7 / 10 for customer satisfaction on Checkatrade.  
Dream Doors East Herts won the Checkatrade  
Franchise of the Year Award 2017.

Like us on Facebook to follow the latest kitchen  
trends: [facebook.com/DreamDoorsEastHerts](https://www.facebook.com/DreamDoorsEastHerts)

Call our friendly staff for a free estimate:

**01920 463 302**  
**dreamdoors.co.uk**

Dream Doors East Herts, 5 Star Street,  
Ware, Hertfordshire, SG12 7AA

*Why replace when  
you can reface?*

- Large choice of made to measure doors, worktops & appliances
- Less time, money and hassle than a full kitchen re-fit
- Installed in a matter of days by local skilled tradesmen
- The whole process managed from design to completion

**JANE WALKER**

personal health and fitness coach



General Fitness and Pilates  
Corrective Exercise  
Ante-Natal and Post-Natal  
Functional-Ageing-Programmes  
1-1 Training also available via  
FACETIME and ZOOM  
Free Consultation  
**07957 385 770**

**TRACEY'S  
Travel**

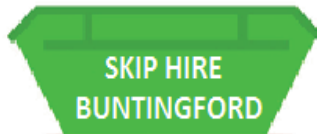
8-seater minibus for all occasions

*For a reliable, personal service*

Office: 01279 843344 Mobile: 07966 392444

E-mail: [traceyalbrecht@btconnect.com](mailto:traceyalbrecht@btconnect.com)  
(Much Hadam based)

**PARK 'N' LOAD**



Your local fully licenced skip hire & transfer yard based in Buntingford. We offer a fully licenced, insured, friendly & reliable service with special rates for weekend hire.

For more information please contact the office on

**01763 281538**

**Also buyers of all non-ferrous scrap (i.e. copper, brass, lead etc.)**

# CURWENS

## We are your local expert Solicitors

Whatever your requirements we provide specialist legal services tailored for the individual needs and circumstances of you or your business



**Residential Property**

**Family Law**

**Dispute Resolution**

**Wills, Probate and Lasting Power of Attorney**

**Commercial Property**

**Business Law**

17 High Street, ROYSTON. SG8 9AA | Tel 01763 241 261 | EnquiriesRoyston@curwens.co.uk  
Offices also in Enfield and Hoddesdon

[www.curwens.co.uk](http://www.curwens.co.uk)



REGISTERED MEMBER

## BOWTELL ELECTRICAL CONTRACTORS LTD.,



**Est: 1985**

**Tel: 01763 273 398**

**Mob: 07792 894 091**

**Domestic PART 'P'/Industrial/  
Commercial/Agricultural.**

**TESTING/CERTIFICATION**

**ALL WORK INSURED (ECA), 6 YEAR  
GUARANTEE.**

**FREE ESTIMATES/ ADVICE**

**Email: [john\\_bowtell@btconnect.com](mailto:john_bowtell@btconnect.com)**

**[www.bowtellelectrical.co.uk](http://www.bowtellelectrical.co.uk)**



## Barley and Barkway Federation

Barley and Barkway Federation offers high quality teaching in small classes in single year groups. Provision at our schools from Preschool through to Year 4 (ages 2 to 9).

In a secure learning environment, every child is encouraged and challenged to reach his or her potential.

Sessions at our successful Forest School for all children throughout the year.

Expert sports coaching and music tuition.



Ofsted says Barley and Barkway are 'Good' schools.

Barley holds the Early Years Herts Quality Standards Award

If you would like to come and see our schools in Action, please contact the Head teacher on 01763 848281 (Barley) or 01763 848283 (Barkway)

# FCB BUILDING & DECORATING.

**PAINTING & DECORATING  
WALLPAPERING**

**PROPERTY MAINTENANCE  
NO JOB TOO SMALL**

**OVER 40 YEARS EXPERIENCE**

**Tel: 01763 271964 (Home, 07768 596152 (Mob.))**

**7 Tylers Close, Buntingford**

## Dean Bye

*Private Hire Taxi & Chauffeur*

Mobile - 07768 174045  
Email - dean@hormeaddcars.com

East Herts Foot Health  
Clinic

home visiting foot  
healthcare

Corns, Callus, dry/  
hard Skin, Nail  
Trimming &  
Shaping,  
Verrucas, friendly  
professional  
service

**OVER 60's  
DISCOUNT,  
CALL NOW..  
07733233044**

"East Herts Leading Mobile Foot  
Health Service"  
easthertsfoothealthclinic@yahoo.co.uk



## Naughty Apple Mac?

**We fix All  
Mac  
problems**

**Apple specialist since 1990**

**Refurb Mac Sales**  
OS X • Hardware • Tuition  
iCloud • iPad • iPhone • Wifi



**www.rawpaw.com** (Buntingford)

**Call for an Onsite Engineer**  
**07968 272 923**  
**01763 272 575**

DEBORAH LOWETH MSSCh DIP POD MED MBChA



**VISITING CHIROPODIST/PODIATRIST**  
**HPC REGISTERED. ALL ASPECTS OF FOOTCARE**  
**Mob 07748152538**



# Newton & Son

—AGA Engineers—



A specialist in the  
service and repair of AGA cookers

*Whether you need your AGA serviced,  
repaired, installed, refurbished,  
moved or dismantled we can help*



Call Duncan on  
**01992 503890 or 07971 064282**  
Email: [newtonagaservices@sky.com](mailto:newtonagaservices@sky.com)



Friendly, reliable service.  
No job too small.  
From grass cutting to garden  
design.

Buntingford and surrounding  
villages, Hertford and Ware  
covered.

Call  
**07595 838231**

## Mark Addison

Wall and Floor Tiling Specialist

M: 07768 105 851 • T: 01763 272 126

E: [addison.mark1@sky.com](mailto:addison.mark1@sky.com)



## M.D. Maintenance

Providing a service to Hertfordshire & Surrounding Areas

**All aspects of Building Work  
and Property Maintenance undertaken**

**Roofing repairs and renewals**

**uPVC Gutter, Soffit & Fascia board upgrades**

**Chimney and house pointing**

**Stud walls and plastering**

**Marble & Stone Fireplace installations**

**New Skirting & boxing of unsightly pipe-work**

**Architraves & door hanging**

**Plumbing and electrical works**

With over 25 years experience  
in all aspects of  
domestic and commercial property services

Special Rates for OAP's



**Telephone: 01763 271958**  
**Mobile: 07891 717112**



## Layston Preschool and Nursery CIC



The Causeway  
Buntingford  
Herts.  
SG9 9EU  
01763 271 235

We offer places for both fee-paying and govern-  
ment-funded children aged 2½ to rising 5 with  
sessions in the afternoon for Preschool children  
We also provide wraparound care for Nursery  
children from 0900-1515.

We are open Monday-Friday mornings (0900-1200)  
for Nursery and Monday-Thursday afternoons  
(1245-1515) for Preschool children and those  
having wraparound care. We also offer lunch club  
(1200-1300) for all ages.

We are non-profit making with any surplus funds  
reinvested into the setting. We have recently used  
this money to improve our outdoor area and to  
decorate the room.

**Facebook: Layston Preschool and Nursery CIC**  
**Email: [laystonpreschoolandnursery@gmail.com](mailto:laystonpreschoolandnursery@gmail.com)**  
**Web: <http://www.laystonpreschool.org.uk>**



# attend2health

*helping you back to health*



**£20 off  
your first  
appointment**

with this advert\*

- Nutritional Therapy
- Chiropody & Podiatry
- Sports Massage
- Physiotherapy
- Chiropractors
- Acupuncture
- Hypnotherapy

**01763 87 80 87**

**27 High Street Buntingford SG9 9AB**

**[www.attend2health.co.uk](http://www.attend2health.co.uk)**

\*Valid for chiropractic, osteopathic and physiotherapy. New patients only.



# UK CITY ROOFING

TEL: 01920 822775  
Martin 07970 9400290 Mark 07973 835449

## ROOFING SPECIALIST

ukcityroofing@btconnect.com

Three Layer High Performance  
Built-up Felt  
High Performance Torch-on Felting  
Mastic Asphaltting Slating & Tiling  
Roof Repairs Guttering  
UPVC Fascias & Soffits

**ALL WORK GUARANTEED  
FREE ESTIMATES FREE ADVICE  
NO OBLIGATION**

TOUCH OF *glamour*  
BEAUTY SALON

A WIDE RANGE OF TREATMENTS  
FOR BOTH MEN & WOMEN

Elemis, Murad, CACI Synergy & Ultimate,  
O.P.I., Jane Iredale Makeup, Shellac & LVL

38 High Street • Buntingford • Herts • SG9 9AQ

 T: 01763 271122 [www.touchofglamour.co.uk](http://www.touchofglamour.co.uk)

## Layston Windows

*Double Glazing Specialists*  
*Windows • Doors • Conservatories*  
*Roof Line Products*

**Ali Smith**

Tel: 01763 272419 Mobile: 07790 162140

 Insurance Backed Guarantees



## Soggy Doggy Grooming & Tooth Cleaning



A Friendly home from home pronger  
for your dog in my home in  
Framar Drive, Buntingford

Appointment Only  
07724 047746



# Linden Flooring

Affordable prices for flooring you'll love

Specialists in Carpet, Vinyl & Karndean (LVT's) flooring

[www.lindenflooring.co.uk](http://www.lindenflooring.co.uk)

[info@lindenflooring.co.uk](mailto:info@lindenflooring.co.uk)

📞 07956 460486 📞 01763 274381

BUNTINGFORD

# FOOD BANK

The Foodbank is run by a group of volunteers, with collection boxes in the Buntingford Coop and the Wine bar, so people can donate food.

The food bank is run by a voucher system. These can be obtained from GP surgeries, schools, children centre, CAB and churches. Further advice can be found by emailing [buntingford.foodbank@gmail.com](mailto:buntingford.foodbank@gmail.com)

In order to run we rely on your donations, so please support us. **THANK YOU.**

## P.S.EVELEIGH

### PLASTERING CONTRACTOR



*All aspects of plastering covered:*

*Ceilings*

*Walls*

*Reskimming*

*Skimming over Artex*

*Rendering and Coving*

*Quality Workmanship*

*Free Estimates*

*Over 30 Years of Experience*

**Call 01763 272569**

**or Mobile 07772 366587**



@Learn PC

### HELP with your COMPUTER

For All your PC needs;  
Training, Repairs, Advice,

Computer Setup

IPAD/Tablet Tuition & Setup

Contact TRACY on

**07521 977997**

Email; [learnpc@me.com](mailto:learnpc@me.com)

# HELP



# J. Oliver Radley Opticians

*"for a sharper image"*



## Your independent local optician

Spectacles   Sunglasses   Sports eyewear  
Contact lenses   Reading spectacles

**NHS** and private new patients welcome

<b>NHS</b> eye examination over 60	£0
------------------------------------	----

<b>NHS</b> eye examination under 18	£0
-------------------------------------	----

<b>NHS</b> children's spectacles & lenses	from £0
---	---------

<b>NHS</b> adults spectacles & lenses	from £0
---------------------------------------	---------

Frames	from £5
--------	---------

Lenses	from £45
--------	----------

Bifocal & varifocal lenses	from £75
----------------------------	----------

**Open Tuesday to Saturday:**

8:00am to 6:30pm

T: 01763 273300

J. Oliver Radley Opticians

36 High Street,

Buntingford,

SG9 9AQ

[www.radleyopticians.com](http://www.radleyopticians.com)

# JULY/AUGUST 2021 – CONTENTS

20's Plenty Campaign – Stop the HGVs petition .....	5
Ardeley Village – Cream teas on Sundays .....	31
Attend2Health – Introducing Jethro Rowland, a new Acupuncturist .....	48
Bishop Seth Ward Almshouse – Trustee Position & Property Vacancy .....	7
Braughing Fair and Wheelbarrow Race .....	23
Bringing Buntingford's Rib back to life – Brian Lemay .....	10
Buntingford Action on Climate Change and Sustainability (BACCS) .....	21
Buntingford Civic Society – Chairman's Letter .....	4
Buntingford Classic Car Show .....	4 & 22
Buntingford Community Garden .....	21
Buntingford Cougars – 50th Anniversary Walk for the Lynsey Ivison Trust .....	47
Buntingford Film Club – At last! Cinema <i>is</i> back in Buntingford! .....	22-23
Buntingford Gardeners' Club .....	15
Buntingford Library – Now open normal hours .....	48
Buntingford Local History Group – The History of Hyde Hall Farm Part 2 .....	24-27
Buntingford School of Dance .....	40-41
Buntingford Scout Group – AGM Report .....	8-9
Buntingford & Stortford Hybrid Studio – Fitness with Jacqui Smith .....	37
Buntingford Town Council .....	16
Buntingford Town Twinning .....	6
Buntingford W.I. ....	14
Buntingford Writers Goup – New members welcome .....	35
Church Services for July & August .....	12-13
Citizens Advice East Herts – Choosing a Trader .....	19
CrossFit Buntingford – What is CrossFit? .....	36-37
East Herts Council – New litter campaign & Shared Waste Partnership .....	18 & 20
Editor's Letter .....	3
Edwinstreet Middle School .....	45-46
Fitness Classes .....	36-37
Friends of the Rib & Quin .....	29
Furneux Pelham Church Roof Appeal – An update .....	15
The History of Hyde Hall Farm Part 2 – The Cannon Family .....	24-27
Home Start – Relaunch of Fundraising Group & Charity Film Screening .....	39 & 23
The Hundred Parishes Society – Recommended walks on their website .....	32-33
'Jazz in the Garden' at Reed .....	14
Layston C of E First School .....	44-45
Lynsey Ivison Trust .....	47
Millfield First & Nursery School .....	42-43
News from Your District & County Councillor – Trees and Woodland Strategy .....	17-18
Open Gardens in Furneux Pelham – Sunday 4 <sup>th</sup> July .....	15
Poetry – Three poems by Maureen Smith and Jackie Smith .....	30-31
Short Story – 'The Accident' by Chris Kell .....	34-35
'Strawberry Tea' at St Mary's Church in Reed .....	14
Sue Fender – The new United Reformed Church Minister .....	11
Summer Fayre at Reed First School .....	14
Vintage Cakes and Sumptuous Soups – Recipe for July .....	28
U3A Buntingford – The Picnic in the Park .....	38
Useful Local Information .....	2

# USEFUL LOCAL INFORMATION

<b>POLICE STATION:</b> Baldock Road, Buntingford	Non-emergency telephone: 101 In emergencies dial 999
<b>GAS:</b>	Emergency (gas leaks) – Freephone 0800 111 999
<b>ELECTRICITY:</b>	Emergency (power loss) – Freephone 0800 7838 838
<b>WATER (Veolia):</b>	Emergency – Freephone 0800 376 5325
<b>SEWERAGE (Thames Water):</b>	Emergency – Telephone 0800 316 9800
<b>FLOODLINE:</b>	Emergency – 0345 988 1188 or 0845 988 1188 Environment Agency Incident Line: 0800 80 70 60
<b>DOCTORS:</b>	<b>Buntingford Medical Centre</b> – White Hart Close Tel: 01763 271362 (24 hours)
<b>B A S H (Buntingford Action For Social Help):</b>	Providing transport for hospital and doctors appointments. Tel: Colin Horgan 07733 091731
<b>DOMESTIC VIOLENCE, RAPE, RACE or HATE CRIME:</b>	Confidential Information Helpline: 01992 554440 (in emergency, dial 999)
<b>LOCAL COUNCILS:</b>	<b>Buntingford Town Council</b> – 01763 272222 <b>East Herts District Council</b> – 01279 655261 Housing – 01279 714714 Benefits – Freephone 0800 373852 For emergencies out of office hours: 01279 655261 Adult Care Services – 0300 123 4042 Children’s Services – 0300 123 4043 <b>Hertfordshire Highways</b> – 0300 123 4047, or report faults online: <a href="http://www.hertsdirect.org/highwayfaults">www.hertsdirect.org/highwayfaults</a>
<b>BUNTINGFORD LIBRARY:</b> High Street, Buntingford	<b>Opening times:</b> Mon, Tue, Thur 10:00–17:30 Fri 14:00–17:30 Sat 9:00–13:00 <b>Telephone enquiries</b> – 0300 123 4049 Option 1 – Renewals 03:00–23:45 every day Option 2 – All other enquiries Mon–Fri 08:00–20:00, Sat 09:00–18:00 <b>More info at:</b> <a href="http://www.hertfordshire.gov.uk">www.hertfordshire.gov.uk</a>
<b>CITIZENS ADVICE BUREAU:</b> The Manor House Market Hill, Buntingford	<b>Offices are currently closed due to Covid.</b> <b>For telephone advice</b> call 0800 144 8848 (Mon to Fri 10am–4pm) or call the local Messageline on 01920 459 944 for a call back
<b>HOUSEHOLD WASTE &amp; RECYCLING SITE:</b> Watermill Industrial Estate Aspenden Road	<b>Currently closed due to Covid.</b> <b>Our nearest open recycling site is in Royston.</b>

The Buntingford Journal is published by, but is editorially independent of, the Buntingford Civic Society. For information on how to join the Society and have the Journal delivered to your door, please email: [membership@buntingfordcivic.org.uk](mailto:membership@buntingfordcivic.org.uk)

## EDITOR'S LETTER

This month I want to start by thanking all the contributors who have carried on sending in material throughout the pandemic, making it possible to produce the Journal. I can't list everyone here, but I would like to mention Carol Emery of the Buntingford Local History Group who has been a stalwart contributor. Over the last year or so, undeterred by Covid, she has continued to research and write up accounts of people, events and subjects in Buntingford's past. This month she brings her history of Hyde Hall Farm up to date with the story of the Cannon Family (pages 24-27). Buntingford Writers Group reliably sent in short stories – this month's is from Chris Kell, who also invites prospective new members to the group (pages 34-35). The poems in The Journal this month (pages 30-31) come from Maureen Smith and Jackie Smith.

With so many clubs and societies inactive, I wasn't sure at times if there would be enough material coming in, but as many of the articles this month show, things continued to tick over behind the scenes, just waiting to burst back to life. Buntingford Scouts (pages 8-9) did sterling work helping others during lockdown, and are now raring to go with their Scouting activities. Buntingford Twinning (page 6) – now with a new Chair, Secretary and Treasurer – are as enthusiastic as ever about maintaining links with our twin towns in France and Spain. And Buntingford Cougars (page 47) are excited about their 50th Anniversary celebrations, which they are kicking off with a sponsored walk in aid of local charity, the Lynsey Ivison Trust.

Buntingford has gained a new Minister – Rev Sue Fender of the United Reformed Linked Pastorate which includes Christ Church in Baldock Road. But it has also lost one as Rev Ian Hill has now left the United Benefice of Aspenden, Buntingford and Westmill. Sue introduces herself on page 11.

By the time you read this, Buntingford High Street will have gained its most recent new business – Melodies Music Education. It seems in keeping with the eclectic mix of businesses that have found a home on our High Street and I wish them every success.

Finally, it looks like most of us will be spending our holidays at home for another year, so if you're stuck for inspiration for something to do why not check out the recommended walks on the Hundred Parishes website (pages 32-33) and make the most of our local area. It's well worth exploring. And whatever the weather, enjoy your summer.

**Christine Noble**

**Many thanks to Brian Austin for proofreading**

**Editorial copy deadline for the September 2021 Journal  
is Saturday 14<sup>th</sup> August 2021**

**Editorial submissions:** Christine Noble – 01763 273095  
68 Hare Street Road, Buntingford SG9 9HN  
**email: [Journal@buntingfordcivic.org.uk](mailto:Journal@buntingfordcivic.org.uk)**

**Advertising enquiries:** Keith Edwards – 01763 272032  
**email: [Advertising@buntingfordcivic.org.uk](mailto:Advertising@buntingfordcivic.org.uk)**

**The views expressed in the letters, emails and articles in the  
Buntingford Journal are not necessarily those of the editor.**



# Buntingford Civic Society

(Reg. Charity No. 1014873)

[www.buntingfordcivic.org.uk](http://www.buntingfordcivic.org.uk)



Civic Voice have asked for assistance in updating local authorities' Statements of Community Involvement (SCIs) so that they set out more clearly how the local authority and developers are expected to meaningfully engage with local communities on planning issues. Civic Voice had found that 30% of responses were more than 5 years out of date. I have researched the information requested and can report that the East Herts District Council SCI is complete and up to date. I have passed the information on to Civic Voice.

At the time of writing, as we move towards June 21<sup>st</sup> and possible 'freedom', I personally cannot help feeling that perhaps a couple of weeks delay might not be a bad thing. It would be heartbreaking to open up the country and then suffer a third wave just for the sake of a couple of weeks of extra 'controls'. I know that many of you may well disagree and I do understand, but perhaps safety first is the best policy.

As things start to get back to normal backlogs caused by Covid will start to be addressed. I am advised that EDC Planning Dept have a huge backlog of cases and a staff shortage. We still wait for the Aspenden Road Dandara application to go before the Development Management Committee. As far as I can ascertain there is no date set for it yet.

With one of my other hats on, the **Classic Car Show** is currently planned to go ahead on **4<sup>th</sup> September**. All is in hand but the overriding proviso is that if any social distancing measures are still in place on the 4<sup>th</sup> then the event will not happen. Fingers crossed!

It is worrying, and sad, that we seem to be in the middle of a graffiti epidemic. I am sure the perpetrators think it great fun but it serves no purpose and is expensive to remove – let us hope the craze soon dies out.

The Buntingford Community Garden (at the police station if you are not aware) is looking particularly good at the moment and our thanks go to the volunteers who keep it in such splendid condition. It would be nice to see more people make use of it – perhaps because it is at the police station people do not realise it is for public use. Well now you know!!!

After many years of service on the Civic Society Executive Committee Ken Durrant has tendered his resignation. I have known Ken for many years, from long before I joined the Civic Society, and the countless hours of service he has given to the Town in so many areas – Civic Society, Carnival Committee, Christmas Lights to name a few – should not be underestimated. My thanks, on behalf of the Town, go to him. Thanks again Ken!!!

**Graham Bonner, BCS Chairman, [graham\\_bonner123@yahoo.co.uk](mailto:graham_bonner123@yahoo.co.uk)**

**Buntingford Civic Society** was established in 1972 with the aim of improving the fabric of the Town. It has led or been involved in many restoration and enhancement projects and in planning, communication and financial support to improve aspects of life in Buntingford. **Annual household membership is just £10** and includes delivery of the Buntingford Journal (10 issues a year) to your door. If you would like to join the Buntingford Civic Society, you can download an application form from the website [www.buntingfordcivic.org.uk](http://www.buntingfordcivic.org.uk) or you can email the Membership Secretary, Peter Hay, at [membership@buntingfordcivic.org.uk](mailto:membership@buntingfordcivic.org.uk)



Setting up for our Speed Awareness Event

It's been a really busy few months for both our local and county-wide 20's Plenty campaigns, spreading the word about the importance of wide area 20mph speed limits leading up to the County Council and Police & Crime Commissioner Elections back in May. We also held a very successful **Speed Awareness Event** together with the Buntingford Neighbourhood Policing Team as part of **UN Global Road Safety Week**. We spoke to lots of local residents, shoppers and people who work locally about their concerns over the increasing levels of speeding and aggressive driving on our local roads.

There is also growing concern about the alarming rise in the number of HGVs, large lorries and delivery vehicles choosing to use Buntingford as a short cut. Many of these vehicles are being driven at speed and putting vulnerable road users at serious risk of harm. Their presence also means big increases in air and noise pollution (HGV diesel engines are estimated at producing 21% of all road transport NOx emissions). Unfortunately, at present, there is nothing to protect our community from this onslaught. The one weight restriction that is in place (for the High Street and surrounding roads) is unenforceable, as it allows access for deliveries. The increase in HGVs, combined with the general and rapid increase in the number of drivers deliberately choosing to speed on our roads is deeply worrying. Frustrated at the very slow action being taken to address these serious issues, and given the seemingly low priority that implementing 20mph speed limits and tackling local road safety are given by Herts County Council, **20's Plenty for Buntingford** have started two new plans of action.

Firstly, we are looking for volunteers to start a **Community Speed Watch Group**. After launching the idea at our Speed Awareness Event we have already had a good response and have the support of our neighbourhood policing team. We just need a few more names before we can submit our application to the PCC. (If you are interested in taking part, please contact at the email address below). Our second initiative has been to start a petition - **Stop the HGVs!** We have a digital version that you can sign using this link - [www.change.org/StoptheHGVs](http://www.change.org/StoptheHGVs) - or if you would like to sign the paper version, contact us at the email address below. Thank you to all those who have already signed.

Our small team continue to campaign for safer roads in Buntingford and push the need for a default 20mph speed limit on all residential and urban roads. If you would like to get involved or have an idea for a future event, why not get in touch? (see details below)

As always, we have 20's Plenty Stickers for sale, so if you'd like to purchase bin, car window/bumper or bike stickers (or make a donation), contact us either through the Facebook Page or by email. (There is a small charge to cover costs and help fund the purchase of some large banners).



### JOIN OUR CAMPAIGN

Join Mailing List/Contact: [buntingford@20splentyforus.org.uk](mailto:buntingford@20splentyforus.org.uk)

Facebook: @20's Plenty for Buntingford

Instagram: 20splentybuntingford

Twitter: @20Buntingford

[www.20splentyforherts.org](http://www.20splentyforherts.org)

# BUNTINGFORD TOWN TWINNING

## An update as of 10<sup>th</sup> June 2021 before the next government announcements

As you may know from a previous article in The Journal, the activities of the association have been completely truncated because of the Covid pandemic. It has changed all of our lives in so many ways and some of the members of the group have decided to leave the association prior to the next AGM in November. A socially distanced committee meeting was held and a new Chair, Trevor Reedman, Secretary, David Austin, and Treasurer, Paul Brunt, were elected.

The liaison members for Luynes and Olvega have been in email contact with their counterparts in Europe and, whilst we wait to hear news from France, our Spanish friends have said they would like to visit Buntingford in 2022 – the rearrangement of their cancelled visit from 2020 – if the pandemic and travel regulations allow.

We also take into account that Brexit may have changed perceptions of Europe and the role of twinning. My personal view is that the existence of twinning is now more important than before. The continuance of friendships and relationship between the towns should not become a victim of the political climate and we need to do what we can to ensure that this does not happen.

However, we need to recognise that twinning will have to adapt to be able to continue to meet the expectations of the people of the three towns. We are not alone in this and we know that neighbouring towns' associations have the same concerns. Baldock Twinning is suggesting an Autumn regional meeting on this very subject which we have said we will attend.

The concept of twinning will remain the same: the interchange of personal and community links, the making of relationships and friendships, and of course the interplay of cultures, language, regional and national ways of life and traditions. We may have left the European Union but we are geographically, genetically and historically linked to mainland Europe. I am sure that if any Twinning member was asked what twinning represented it would be just those objectives at the personal and local community level.

The community links are important. You will have seen the plaque on the Seth Ward Community Centre donated by the mayor of Olvega. Luynes also have one similar and the Spanish have one of each on the front of their previous town hall in the main square. I was introduced to the new Lady Mayor of Olvega on a visit there in August 2019 and she was keen to visit Buntingford. The Mayor of Luynes is an advocate, financial supporter and member of their International Group and has been to Buntingford more than once. So both of our twin towns' commitment is there.

Before our next update we will have commenced the preparation of social media for our Twinning Association which we hope will provide a method of information and a contact point. This is something that we have lagged behind in and will be part of our desire to widen our sphere to people and community groups and new members. You may be in a local group that would like to twin with its French or Spanish equivalent, we could help you facilitate that.

In the meantime any questions, comments or enquiries can be made to my email address: [stevendeeks@yahoo.co.uk](mailto:stevendeeks@yahoo.co.uk)

**Steve Deeks**  
**Buntingford Twinning Association**

# Charity Trustee Position

An opportunity has arisen for a local person to join the board of trustees of the **Bishop Seth Ward Almshouse Trust**. The Trust is responsible for the maintenance and upkeep of the 300-plus-year-old Almshouse building and garden situated close to St Peter's Church in Buntingford which houses 8 residents. The Trust further owns and operates rented property, financially contributing to the support of this historical listed building.

We are currently seeking a further team member who has some working knowledge and experience with property/household maintenance, and who will enjoy communicating with residents and tenants and liaising with contractors etc. If you have some spare time and feel you would like to join this worthwhile and enjoyable enterprise, please contact our secretary Pam Hibberd for further details by emailing [prhibberd@gmail.com](mailto:prhibberd@gmail.com)

**Chris Dobner, Chairman**

## 1 BEDROOM PROPERTY VACANCY In the Bishop Seth Ward Almshouse

Bishop Seth Ward Almshouse Trust is a Charity administering an historical (1684) Trust for the Almshouses in Buntingford. As one of these properties will soon become vacant, we are seeking a new resident, a local person of retirement age and limited financial means.

Each of our properties has its own private front door and comprises a lounge, kitchen and shower/WC downstairs, with rear door access to the large communal garden. Stairs off the lounge lead to the double bedroom upstairs with a full bathroom en suite.



Each resident pays a minimal monthly contribution which includes all household bills with the exception of council tax. All residents need to be fit and able to look after themselves within the property. If you feel you fulfil

the criteria to become a resident, applicants or family members should in the first instant apply by email to [prhibberd@gmail.com](mailto:prhibberd@gmail.com) giving brief details.

**Chris Dobner, Chairman**

# Buntingford Scout Group – AGM Report

When thinking about 2020, it is difficult to comprehend the tremendous impact this year has had on the world, and we do not think any of us truly saw Coronavirus coming to such an extent that it did.

We were fortunate to start off 2020 with a wonderful, engaging and fun-filled programme for the year, which entailed lots of events and exciting things that we hoped to run in our local Scout Group. The first two months of the year brought our regular scouting sessions, both weekly and monthly. These were mainly based indoors (due to the inclement weather) but over 130 scout members were regularly engaging during this period.

As April 2020 arrived, the Scout Association quickly moved to support sections switching to virtual sessions. As a Group we were able to establish weekly Cubs, run by Andy and Terri, which I think we could all agree were wonderful times when some of the cubs could come together. Several Beaver and Scout sessions were offered and run, and both Kay and I participated in a few which were a great opportunity to see some of the children.

We are confident that everyone can appreciate that it was not only Scouting that went onto a virtual platform, and for many of our volunteers, at the end of a long day of virtual schooling, virtual meetings and juggling everyone being at home, bringing Scouting fully into regular online sessions was something that could not be sustained. Both Kay and I initially struggled with this and felt that in some way we were failing the children of the Scout Group with whom I have been involved for over 20 years and Kay over 8 years. It was only after some reflection and discussion that we came to realise that we all did what we could, when we could, and that each and every one of us was having their own personal experiences and pressures – it did not mean that Scouting would be forgotten, it just meant that at that time it could not be embraced as it has been done for years.

As a Group, we thank every one of our leaders and supporters who were able to offer some sessions in 2020 and thank you for your ongoing commitment to the Group.

In the background, we continued to make sure that our Scout Group was financially secure. Many Scout Groups now had no form of income yet still had high expenditure costs and the impact was significant. We have been extremely fortunate that, as our annual accounts show, we have continued to be in such a good financial position.

We were approached in 2020 about letting our HQ on a long-term basis, to a preschool, now established as Apple Blossom. As an Executive this took a long time to consider, but we have now put in place a robust agreement so that Scouting will not lose out from this additional use of our HQ. Apple Blossom provides a new preschool for the town's growing population and the revenue that comes to us allows the Scout Group to plan and provide a greater selection of Scouting opportunities in Buntingford. The Executive have committed to the annual income going directly towards Scouting experiences so that the children benefit. Our first plan is to put together (when permitted) a Group Camp in which the majority will be funded so that all children can access it and have fun. We have also stopped all subscriptions since March 2020 (to date) and know that the rental income will mean we do not need to look at increases in memberships when we restart.

The revenue created allows the Group to ensure all financial commitments are met without also having to fundraise, something we are all conscious is a burden for many families. We will continue with some of our popular fundraising activities, but this is more to continue a tradition (such as the Santa Run) and we will look at our fundraising benefitting other charities as well.

One of the other commitments we made last year was for "Helping Our Community" and providing lunches for children who were in need during the pandemic. I personally

co-ordinated this and we received amazing support from the local community with pledges of donations and food. During this time we provided more than 2000 meals – this was during the October half-term and the two-week Christmas holidays. Each family received a meal planner and a box full of fresh produce to make



meals for the family. We made sure that each child received all 5 a day in the food supplied. A big thank you to Riley's Butchers who made up individual bags of meat for each child into 5 day portions so that we could ensure that food was distributed fairly in our food hampers. A Group of volunteers help deliver and offer pick up at the HQ.

As a Group, we have pledged to continue to support families in need and any individuals that have come to us during this time have been supported and provided with food for their family. We were so pleased when the Government then pledged meal vouchers for these families so they could go and shop at a local supermarket during the Lockdown in January and subsequent holidays since, but as a Group we are committed to helping and continuing this help should the need arise. All monies donated were spent as well as additional funds from the Group.

We also during this time wanted to think about the local Residential Home, Layston Grove, and the impact on residents of not being able to see relatives and the hard work and dedication from the staff team. We put together individual presents and cards for each of the residents and delivered them in advance of Christmas so each person would receive something special to open. We also included of course some treats for the team!

It was such an achievement also to see in December 2020 that Covid did not stop Santa from spreading some of his magic across the town, albeit in a different format. The huge feat of putting together a risk assessment that would be approved by the Scout Association was met with full throttle and both Ian Ballantyne and Andy Miller should be thanked for bringing those tunes and Santa to the streets, while also raising some funds for other charities. Well done and we really hope that Santa will be back to his normal appearances in 2021.

As we write this and think about what 2021 brings in Scouting, it is difficult to know – we have started our monthly sessions outside again and for us as a Group we will plan and make sure that everything is safe and that we have robust plans around the full launch of Scouting again in our community.

Thank you to everyone who has been part of our 2020 and we are so excited about getting back to what we know best and to Scouting being part of everyone's life again.

**Yours in Scouting**

**Jo McNamara**  
Group Scout Leader

**Kay Hamilton-Crook**  
Chair Executive Committee

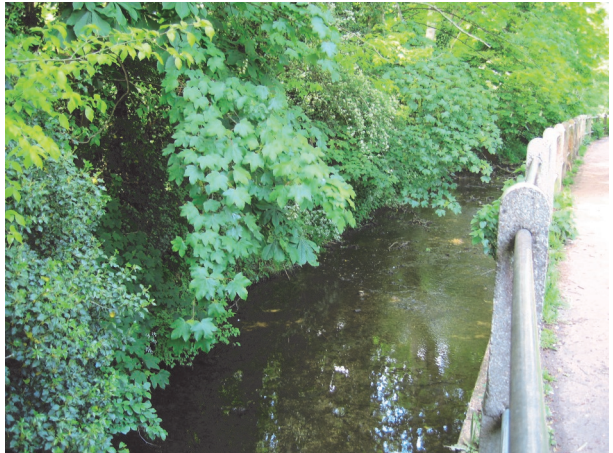
## Bringing Buntingford's Rib back to life

We are still awaiting the final Five Rivers plan and Flood Risk Assessment which is now due at the end of June, but too late for the July Journal. The delay is down to the fact that the Flood Risk Assessment has taken longer than expected to produce. Hopefully in the September Journal I can bring you more news.



I have included a couple of photos of the Rib along Pigs Nose footpath, between the ford and the High Street bridge, to illustrate part of the problem that we have with trees shading the river. With this amount of shading, no chalk stream plant life will grow in the river bed. In recent discussions with the Lecturer in Tree Surgery from Capel Manor it was decided that a lot of 'crown lifting' will have to take place to open up the river to light and rainfall.

Affinity Water have launched a campaign to encourage us, the consumer, to reduce our water usage as it will help put water back into the chalk streams. While I think this may be an over simplification of the problem, I think we should support Affinity in this instance. I understand that to keep our taps running they have to extract 3 million litres a day from the aquifer at the Chipping borehole. Anything we can do to reduce this huge volume can only help the local environment as climate change tightens its grip. We must remember that water is life to us all. Have a good summer.



**Brian Lemay**  
[brianlemay@btinternet.com](mailto:brianlemay@btinternet.com)

If you would like to **advertise** in the *Buntingford Journal*, please contact **Keith Edwards** on **01763 272032** or email **[Advertising@buntingfordcivic.org.uk](mailto:Advertising@buntingfordcivic.org.uk)**



### **This is me ...**

Hello – I'm Sue Fender, the new Minister of The Linked Pastorate, a group of five United Reformed Church churches in Buntingford, Bassingbourn, Fowlmere, Great Chishill and Melbourn.

I am married to Alex and we have two adult children living in West Yorkshire and Newcastle upon Tyne.

At age 18 I attended the London College of Furniture and trained as a Piano Tuner Technician. Music is a huge part of my life. I am able to play the piano and clarinet, but I must confess I enjoy listening to music far more than performing it! Attending

live music concerts is high on the list of things I have missed most during the pandemic and lockdowns. From musical theatre to a rock concert, chamber music to a full-sized orchestra, I embrace it all.

For those of you familiar with film, you might recognise the words at the top of this article as being from 'The Greatest Showman'. I love a good drama, at the cinema or on television, and enjoy the engagement of popular culture and theology. I was really enjoying watching Shakespeare live from the Globe, beamed to our local cinema, before the lockdown! My hobbies include swimming and working with stained glass.

### **Faith matters ...**

I grew up within the United Reformed Church, having been baptised as an infant in the Congregational Church.

In 2005, after many years working as an office manager in a primary school, I felt God calling me to something new. I began studying for a degree in Religious Studies with a view to becoming an RE Teacher, but in 2007 received a call to Ministry and trained at Westminster College in Cambridge. I have served as a Minister in South Wales and in the Northeast of England.

I believe that church communities should be always open and inclusive to all, regardless of gender, culture or sexuality. I look forward to welcoming you in to Christ Church, once we are fully open and operational again and can assure you of a warm welcome.

I am looking forward to getting to know you. If you see me out and about, please do stop me and say hello!

Every blessing  
**Sue Fender**



The  
United  
Reformed  
Church

# Christ Church

Baldock Road, Buntingford SG9 9AA

**Minister:** Rev. Sue Fender  
revsuefender@gmail.com  
Tel: 01223 375588

**Secretary:** Peter Godbert  
buntingford.urc@talktalk.net  
Tel: 01763 281359

**The Church is re-opening for Sunday Services at 11.00am from 27th June, subject to Covid-19 restrictions.**

July	4	Holy Communion	Rev Sue Fender
	11	Morning Worship	Faith Paulding
	18	Morning Worship	Rev Allen Morton
	25	Morning Worship	Malcolm Haslett
August	1	Holy Communion	Rev Sue Fender
	8	Morning Worship	Rev Elizabeth Caswell
	15	Morning Worship	Rev Allen Morton
	22	Morning Worship	Richard Lewney
	29	Morning Worship	Rev Prof David Thompson

**See separate article on page 11 from our new Minister.**

**REGULAR EVENTS:** Junior Church, Bright Hour and Coffee & Company will not re-open until the Covid-19 situation improves.

**Website:** [www.buntingfordurc.org.uk](http://www.buntingfordurc.org.uk)  
**Facebook:** [www.facebook.com/URCBuntingford](http://www.facebook.com/URCBuntingford)

## The Ash and Quin Valleys Group

**Continued on  
page 13 ...**

St Mary the Virgin



St. Mary's  
Stocking Pelham

**Rev'd Julie Gawthrope – 01920 823531**

## Services for July & August 2021

### St Mary's, Braughing

Sun 4 <sup>th</sup> July	11.15am	All Age Holy Communion
Wed 7 <sup>th</sup>	9.30am	Holy Communion (said)
Sun 11 <sup>th</sup>	10.00am	All Age Morning Worship
Wed 14 <sup>th</sup>	9.30am	Holy Communion (said)
Sun 18 <sup>th</sup>	11.15am	Holy Communion
Wed 21 <sup>st</sup>	9.30am	Holy Communion (said)
Sun 25 <sup>th</sup>	9.30am	Holy Communion
Wed 28 <sup>th</sup>	9.30am	Holy Communion (said)
Sun 1 <sup>st</sup> August	10.30am	Benefice All Age Holy Communion
Wed 4 <sup>th</sup>	9.30am	Holy Communion (said)
Wed 11 <sup>th</sup>	9.30am	Holy Communion (said)
Sun 15 <sup>th</sup>	11.15am	Holy Communion with Baptism
Wed 18 <sup>th</sup>	9.30am	Holy Communion (said)
Wed 25 <sup>th</sup>	9.30am	Holy Communion (said)

### St Mary's, Stocking Pelham

Sun 29 <sup>th</sup>	10.30am	Benefice Holy Communion
----------------------	---------	-------------------------



# United Benefice of Aspenden, Buntingford and Westmill

Website: [unitedbenefice.org.uk](http://unitedbenefice.org.uk)

Email: [admin@unitedbenefice.org.uk](mailto:admin@unitedbenefice.org.uk)

Telephone: 07484 345027 Postal address: C/O  
St Peter's Church, Chapel End, Buntingford SG9 9AL

The Benefice is now in vacancy following the departure of Rev'd Ian Hill and we will be preparing a Benefice Profile over the next few months in preparation for seeking a new Rector. To that end, we would like to hear your views. If you have any thoughts or comments, in particular about the following questions, please send them to the Parish Office via email, phone or post (our contact details are above).

- In your view, how important are the churches to our communities in Aspenden, Buntingford and Westmill?
- How would you like to see the churches growing and developing in the future?
- In your view, what are the gifts and skills needed in our new Rector?

## Sunday Church Services

4 <sup>th</sup> July	9.30am	Sung Eucharist	St Mary the Virgin, Westmill
	11.00am	Family Worship	St Peter's, Buntingford
11 <sup>th</sup> July	9.30am	Morning Service	St Mary's, Aspenden
	11.00am	Holy Communion	St Peter's, Buntingford
18 <sup>th</sup> July	9.30am	Sung Eucharist	St Mary the Virgin, Westmill
	9.30am	Holy Communion	St Mary's, Aspenden
25 <sup>th</sup> July	10.00am	Benefice Wide Holy Communion	St Mary's, Aspenden
		<i>Please join us at Aspenden</i>	
1 <sup>st</sup> August	9.30am	Sung Eucharist	St Mary the Virgin, Westmill
	11.00am	Family Worship	St Peter's, Buntingford
8 <sup>th</sup> August	9.30am	Morning Service	St Mary's, Aspenden
	11.00am	Holy Communion	St Peter's, Buntingford
15 <sup>th</sup> August	9.30am	Sung Eucharist	St Mary the Virgin, Westmill
	9.30am	Holy Communion	St Mary's, Aspenden
22 <sup>nd</sup> August	10.00am	Benefice Wide Holy Communion	St Mary the Virgin, Westmill
		<i>Please join us at Westmill</i>	
29 <sup>th</sup> August	11.00am	Holy Communion	St Peter's, Buntingford

Please check our website for the latest information on times and locations of all our services: [unitedbenefice.org.uk](http://unitedbenefice.org.uk)

... continued  
from page 12.

ST. MARY'S  
FURNEUX  
PELHAM

### St Mary's, Furneux Pelham

Sun 4 <sup>th</sup> July	9.30am	BCP Holy Communion
Sun 11 <sup>th</sup>	11.15am	Holy Communion
Sun 18 <sup>th</sup>	9.30am	Café Church
Sun 25 <sup>th</sup>	11.15am	Morning Worship with Baptism
Sun 8 <sup>th</sup> August	10.30am	Benefice Holy Communion
Sun 22 <sup>nd</sup>	10.30am	Benefice Morning Worship

## Buntingford W.I.

Just a reminder that Buntingford W.I. is still very much alive and kicking. We were hoping to have an outdoor Get Together in July but it looks as though 'Freedom Day' is postponed so this was wishful thinking! Hopefully our usual garden party in August will go ahead. These two events are for our members only but we have booked the URC Hall for September for our first 'proper' meeting for some time and our fingers are very much crossed that things will be back to some sort of normality by then.

We welcome visitors to all our meetings, which are held on the second Thursday of the month, so we hope to see some of you in the Autumn. There will be an update in the September Journal to confirm whether the planned meeting is able to go ahead and we will also put details on the local social media sites.

**Happy Summer from Buntingford W.I.**

## 'JAZZ IN THE GARDEN'

**At REED FIRST SCHOOL, Jackson's Lane, Reed, SG8 8AB**

The Rocking Chair Jazz Band will be with us on

**Saturday, 24<sup>th</sup> July 2021, from 12noon till 4pm**

Admission – Adults £25, Children £10

A deluxe Ploughman's Lunch and Cream Tea Box will be provided. Please let us know any dietary requirements when booking. Bar and raffle. We will be following government guidelines and therefore booking is essential. **Tickets from Liz Jakeman 01763 848 398** or email [reedchurchevents@gmail.com](mailto:reedchurchevents@gmail.com)

*All proceeds to St Mary's Church, Reed.*

## 'Strawberry Tea'

**3<sup>rd</sup> July @12pm – At St Mary's Church, Reed**

St Mary's Church will once again be a hive of activity as we team up with Reed School and the Friends of Reed School for our Strawberry Tea. Come and enjoy the baked potato stand and browse our cake, nearly new and toy stalls, then relax with a cup of tea and delicious cake, or strawberries and cream, or something cold from our bar.

There will be something for everyone and all are welcome.

*Government guidelines and any Covid restrictions still in place will be followed.*

Reed First



School

**The Friends of Reed First School**  
**Summer Fayre** is at Reed First School  
**on Saturday 17<sup>th</sup> July 12-4pm**

All are welcome to join in the fun.

Tickets available in advance and on the day.

## Buntingford Gardeners' Club



This month we helped one of our members with his garden. Because of health problems, Michael was unable to keep his garden free of weeds. Michael is a long-standing active member of the club, reliably opening up the hall for our meetings, putting out chairs and locking up at the end. To thank him for his stalwart work over the years, we tidied up his front garden. It was hard work, and won't be a regular event, but we think we was pleased with our efforts.

Barring problems with the Delta COVID variant, we hope to start our meetings again in September. Look out for details on Facebook and in the Buntingford Journal.

**Lesley Lowers, Secretary / email: lelowers@gmail.com**

## Furneux Pelham Church Roof Appeal – An Update

As many of you will know we have been going through the planning process for the roof replacement. We have now received all necessary approvals, and are about to commit to the work being carried out. The contract sum is £90,000, which meant a shortfall of £29,000. In the last few weeks, we have gratefully received around £12,000 in donations towards this shortfall. We have also been offered a grant of £10,000 by the Herts & Beds Historic Churches Trust. However, we have recently been advised that we will need to install a roof alarm at the approximate cost of £4,400 and we also feel we should try to achieve a contingency fund of £5,000. Thus, we still have a target of £16,400 to raise.

It is imperative that we continue to raise funds to bridge this gap. To this end we have grant applications in with the National Churches Trust and Garfield Weston Foundation. Locally, fundraising continues with the Open Gardens on the 4<sup>th</sup> July (see below), and Fliss Sandell playing all the Hymns in the Hymn Book on the 8<sup>th</sup> & 22<sup>nd</sup> August. A music day is in the planning for September. Please support these events and any other money raising ideas would be welcome. **Donations by bank transfer to: PCC of Furneux Pelham Restoration Account / Sort code: 30-90-84 / Account Number: 00041298**

To safeguard the building and avoid another winter with a temporary roof cover, we feel it prudent to give the go-ahead to the contractors. The first noticeable signs of this will be week commencing 23<sup>rd</sup> August when the scaffolding will be erected, and the project is scheduled to last for 15 weeks. Access will be needed from time to time for the delivery of materials, which may have some impact on our neighbours but we will try to keep everyone informed and keep disruption to a minimum. We are at last seeing some real progress but still need your support. Thank you.

**St Mary's Church Furneux Pelham PCC**

## Open Gardens in Furneux Pelham village Sunday 4<sup>th</sup> July 2-5pm

Four gardens will be open to the public.  
Donations received will support our Church Roof Appeal.



# BUNTINGFORD TOWN COUNCIL

## A QUALITY TOWN COUNCIL

The Council continues to hold socially distanced meetings at the Seth Ward Community Centre. All members of the public are welcome to attend. Details are published on our website and in the Town Council noticeboard.

Layston Cemetery is now open and we have begun to accept interments. If you wish to know more about the cemetery, please contact us at the Manor House.

Summer bedding has now been planted in Layston Court Gardens and on the War Memorial, both of which are looking lovely.

The Council are still meeting with prospective co-optees and will publish the name of the new Town Councillor as soon as possible.

At the time of writing we do not know if COVID restrictions will be lifted at the end of June. We will be unable to accept party bookings for the Community Centre until Government has announced new regulations.

As this is the last Journal before September we would like to wish everyone a pleasant holiday period and hope that things will be back to normal for next Summer.

**Jill Jones MILCM Cert HE, Town Clerk**

**In line with GDPR Regulations, the Town Council has published a number of Privacy Notices. These can be viewed on the Town Council website.**

**Office hours: Monday–Thursday 9am–5pm; closed Friday.**

**The Manor House, High Street, Buntingford SG9 9AB**

**Tel: 01763 272222 Email: [clerk@buntingford-tc.gov.uk](mailto:clerk@buntingford-tc.gov.uk)**

**Twitter: [@buntingfordtc](https://twitter.com/buntingfordtc) Facebook.com/BuntingfordTC**

**Website: [www.buntingford-tc.gov.uk](http://www.buntingford-tc.gov.uk)**

### Town Council meetings for July 2021

Thurs 1 <sup>st</sup> July	7:00pm – Amenities Committee
Thurs 8 <sup>th</sup> July	7:00pm – Resources Committee
Thurs 29 <sup>th</sup> July	7:00pm – Full Council

Meetings to be held at the Seth Ward Community Centre unless advised differently on the Agenda. The public are welcome to attend but must socially distance, in line with Covid restrictions.

**The Buntingford Journal is delivered FREE to members of the Buntingford Civic Society, or it can be purchased from:**

**THE CO-OP • LOCKS, STOCK & MORE • MARK DOEL BUTCHERS  
McCOLL'S (The Post Office) • RILEY'S FAMILY BUTCHERS**

# News from Your District and County Councillor

## The Trees and Woodland Strategy

Hertfordshire County Council is currently working on a tree strategy with a target that includes planting 1.2 million trees by 2030, one for every resident in Hertfordshire. The Strategy will set out the County Council's ambitions for the expansion and management of trees and woodlands, both on the Council's estate and across the county, and is being developed concurrently with, and with acknowledgement of, the Government's wider national agenda for trees and woodlands. The England Tree Action Plan commits to tree planting across the UK reaching 30,000 hectares per annum by the end of the current parliament, and maintaining this until 2050, in line with recommendations made by the Committee on Climate Change.



The Tree and Woodland Strategy is currently in draft but will shortly be ready to put before Cabinet. It includes a number of suggested key ambitions such as:

- To support the establishment of 1.2 million new trees across the county by 2030 – one for every resident of Hertfordshire.
- Within this, a subsidiary ambition to support the establishment of at least 100 km of hedgerow across the county by 2030 – reversing historic declines.
- Supporting district and borough councils to identify and deliver on opportunities for tree canopy expansion in public green spaces.
- Identifying opportunities to deliver woodland expansion and enhancement on the County Council's in-hand part of the rural estate.
- Expanding the existing advisory and management planning service to farmers and other private landowners to support enhanced management and woodland expansion across the county.
- Supporting town and parish councils to deliver community treescape creation and enhancement projects.
- Establishing a free tree kit give-away scheme for residents with a target to facilitate the planting of 100,000 trees in domestic gardens and commercial properties.
- Establishing a tree sponsorship scheme to enable residents without access to personal outdoor space to support tree canopy expansion.

The Council's ambitions fit in nicely with The Queen's Green Canopy, which is a tree planting initiative created to mark Her Majesty's Platinum Jubilee in 2022. Everyone across the UK is being invited to plant trees from October 2021, when the tree planting season begins, through to the end of the Jubilee year in 2022. The Queen's Green Canopy will create a network of individual trees, avenues, copses and whole woodlands in honour of The Queen's service and the legacy she has built. This will create a green legacy of its own, with every tree planted bringing benefits for people, wildlife and climate, now and for the future.

Whether you're joining neighbours or a community group, or planting as a school or organisation, every tree makes a difference.

Any trees planted from October 2021 to the end of the Jubilee year in 2022 can be part of the Queen's Green Canopy. Tree planting season is October to March – this is when roots are dormant and new trees will have the best chance of flourishing. Why not use the summer months to plan your tree planting and arrange a day of celebration?

**Market Hill** – Now that summer has arrived it was time to replace the flower troughs on the railings at Market Hill with summer plants (right). These are funded from my HCC Locality Budget and I hope you agree that they brighten up our Town Centre.

### **Councillor Advice and Councillor Surgeries**

I receive many requests for advice and help on District or County Council matters. If you have any concerns that you need assistance with, I am always available on the contact details below. I am also keen to hold face-to-face meetings with residents who have concerns, rather than respond to social media posts. Every month I will be holding Councillor Surgeries at the Manor House, with a Town Councillor also present to respond to any concerns about the town. These Surgeries will be by appointment. Please call the Town Council on 01763 272222 for details. Stay safe.



**CLlr Jeff Jones**

**East Herts District and Hertfordshire County Councillor  
Buntingford Ward / 07836 232963 / [Jeff.jones@hertfordshire.gov.uk](mailto:Jeff.jones@hertfordshire.gov.uk)**



## **‘Adopt an Area’ litter campaign launches in East Herts**

Many litter-conscious residents in East Herts already get out and make an effort to clean up their areas. They can now get extra support to help keep their streets and parks free of litter by signing up to our ‘Adopt An Area’ scheme. EHDC, alongside North Herts District Council, have launched this campaign to support both

existing volunteers who have already been litter-picking in the district, as well as to appeal for new volunteers to adopt an area and make a real community effort to reduce litter.

The campaign launch coincides with the ‘Great British Spring Clean’, an annual litter-picking effort organised by Keep Britain Tidy which calls on people to be ‘litter heroes’ and *be the change they wish to see*, because what is good for our environment is good for our mental and physical health too.

This new ‘Adopt an Area’ scheme will complement existing street cleaning across the towns and villages in East Herts. The scheme is open to individuals, schools, and community groups. Volunteers will be asked to let the council know the area they wish to adopt and will be provided with safety information and dedicated bags. Anyone who adopts an area will have their litter-picked waste collected alongside their normal scheduled waste and recycling collections by EHDC’s waste contractor.

The first 100 East Herts residents signing up will receive a ‘litter picker pack’, kindly sponsored by Urbaser, which contains all that is needed to make regular litter-cleaning efforts in their streets – litter-picking equipment and bags, hi-viz vest, gloves, and advice on health and safety. These will be distributed on a first-come first-served basis, but residents can still take part with their own equipment. Community groups can order sets of 10 packs at cost price; for more information email [wasteandrecycling@north-herts.gov.uk](mailto:wasteandrecycling@north-herts.gov.uk). Alternatively, packs can be purchased direct from Keep Britain Tidy by visiting <https://shop.keepbritaintidy.org/> To sign up to Adopt an Area, please visit: <https://www.eastherts.gov.uk/bins-waste-recycling/adopt-area>

Citizens Advice East Herts' offices are currently closed to drop-ins due to Covid, but you can contact them by phone – call the local Message Line for a call back on **01920 459 944** or the Herts Advice Line on **0800 144 8848** (10am-4pm, Mon to Fri). Or see the online options at:

[citizensadviceeastherts.org.uk](http://citizensadviceeastherts.org.uk)



## Choosing a Trader

*"I've been saving up to have my kitchen redone, but last time I had work done on the house, it took more than double the time I thought it would and ended up costing me a fortune. I'm looking for a different builder this time, but how will I know I can trust them?"*

Many of us will take advantage of the warmer weather and time off work to improve our homes, and it's important to make sure the job goes well. Here are some steps you should take when choosing a trader:

- **Find a Trading Standards 'approved trader'** – use the internet to search for one in your area or the Government's approved trader scheme **TrustMark**.
- **Get references or recommendations** – ask people you know, or ask the person you are thinking of hiring for examples of work they've carried out in the past. Try to avoid contractors who won't give references – it's a sign they could be dishonest.
- **Find out if they are a current member of a trade body** – trade bodies have codes of practice and can help resolve problems if things go wrong, so check your trader is a member. Ask who they're registered with and then check the trade body's website.
- **Only use certified traders for gas and electrics** – it's dangerous to use someone who doesn't know what they're doing. Check the **Gas Safe Register** for a list of traders and only use a **registered electrician** who can certify their own work. When you're having a kitchen fitted, it's worth checking whether the person you've hired will be doing the electrical or gas work themselves. If not, check who they will be using and whether they're registered.
- **Get a written quote** – this is different to an estimate. A quote is legally binding and the builder can't change it without a good reason – for example, if you ask for extra work to be done. Try to compare quotes from a number of contractors to make sure you're getting a fair price.
- **Get a written contract** – this should cover exactly what you're paying for and everything you've agreed on, like timings, payments, who will pay for materials and subcontractors.
- **Think carefully about payment** – opt to pay in stages through the job rather than all upfront. Where possible, try to pay by card as this can afford you extra safeguards if something goes wrong.
- **Keep copies of receipts** – also keep your written contract as evidence, as well as photos of any problems if they arise.

If you have a problem with a contractor, and you're not sure what to do or where to go, call the Citizens Advice consumer helpline on **0808 223 1133**.

Citizens Advice East Herts is a local registered charity that offers free advice on all issues. You can contact us on **01920 459 944** or via our website.

[www.citizensadviceeastherts.org.uk](http://www.citizensadviceeastherts.org.uk)

# Become a Volunteer and help us waste less in East Hertfordshire

The Shared Waste Partnership of East & North Hertfordshire District Councils are looking to recruit volunteers with a passion for composting or reducing food waste, who can share their skills and knowledge with others.



## Can you support other residents to reduce their food waste and compost at home?

- Free waste reduction training—including composting, food waste and a wider understanding of the reduce/reuse/recycle waste hierarchy
- Ongoing volunteer support and a local network of like-minded volunteers
- Spread the waste reduction message in your local community
- Volunteers generally undertake around 30 hours of volunteering each year by attending public events, talking to local schools & community groups or just chatting to neighbours!

**Training is free and teaches the basic elements of waste reduction and related environmental issues. All expenses covered!**

**To find out more** contact Rob Whitehouse, Volunteer Coordinator  
Email: [rwhitehouse@gardenorganic.org.uk](mailto:rwhitehouse@gardenorganic.org.uk), Tel: 07971 280985



in partnership with



## BUNTINGFORD ACTION ON CLIMATE CHANGE & SUSTAINABILITY (BACCS)



WHAT DO YOU WANT  
BUNTINGFORD  
TO LOOK LIKE IN  
2050?

On 25<sup>th</sup> April, the re-branding of Buntingford in Transition as **Buntingford Action on Climate Change and Sustainability** was launched at our 1<sup>st</sup> online conference to set priorities for the Glasgow Climate Summit. Despite technical difficulties, there were some great expert witness statements and the meeting agreed the following three priorities: • **stop** all fossil fuel subsidies; • **introduce** enforcement mechanisms to make sure governments keep any promises they make at Glasgow; • **create** Coalitions of Willing governments to do things like introduce Carbon Pricing and Taxing arrangements, Forest & Biodiversity Protection etc.

At our 2<sup>nd</sup> online conference on 6<sup>th</sup> June we discussed which of these priorities have a chance of being agreed in Glasgow. The Experts were unanimous in their advice that enforcement mechanisms would not be agreed, neither would elimination of fossil fuel subsidies. But Coalitions of the Willing are being built and the UK is a leading member of most of them. Surprisingly, the jury ignored the expert advice and chose to focus on how to make education on climate and sustainability a core part of assessed school curricula. It was the Jury's bottom priority in April and the experts advised that the issue was not on the table at Glasgow. Undeterred, the 2<sup>nd</sup> Jury made it their top priority with a 75% vote!

And, through a series of coincidences, their vote got back to the UN Sustainability Education caucus, who have now been inspired to put the issue on the table, if not for Glasgow, for the next Climate Summit in Nairobi. So a good result from a brave citizens' jury! And it is supported by the launch of the UK Climate Summit team's Education Pack! (Download at: <https://together-for-our-planet.ukcop26.org/schools-pack-resources/>) With this, young people can learn about the many exciting initiatives taking place around the world to halt and reverse climate change. Many powerful things can happen without any government laws or diktat, as the inspirational presentation to our 2<sup>nd</sup> conference by local industrialist Alan Rance made clear. In 14 months, he has reduced his own personal carbon emissions from 15 to 2 tonnes and transformed his plastic mouldings company into a Carbon Neutral certified initiative (see [www.midaspattern.co.uk/green-initiative](http://www.midaspattern.co.uk/green-initiative)).

If you'd like to see a new film about the many positive things that are happening around the world and discuss how we might introduce some of them in Buntingford, come and see **2040** on **Thursday 12<sup>th</sup> August, 8pm** at 57 Wyddial Road, courtesy of Buntingford Film Club. Made by Australian film-maker Damon Gameau for his 4-year old daughter who will be 25 in 2040, it shows the clean, green world we could create by 2040 if we just had the political will to use technologies available now. Contact me for more information.

David Woollcombe, [david@peacechild.org](mailto:david@peacechild.org)

### Buntingford Community Garden

Don't forget to visit the Buntingford Community Garden. There may be some strawberries left by the time you read this and, if you're feeling brave, pick some gooseberries. The raspberries will be ready in July/August so please come and help yourself. If you would like to get involved in the garden yourself email Madela at [baccs@tutanota.com](mailto:baccs@tutanota.com) and please join in the discussions on the group page [@BACCSBuntingford](#)

Madela Baddock

## News from Buntingford Film Club

### AT LAST!! – cinema is back in Buntingford!!

Although all the Covid 19 restrictions have not been lifted at the time of writing, we are pressing ahead with plans for a bumper relaunch of BFC (not to be confused with the Big Friendly Giant). As reported last month, we will be screening a film of landlord Jeremy's choice at **The Sword Inn Hand** on **Saturday 21<sup>st</sup> August**. His choice is **Dirty Dancing**, a feel-good film ideal for a balmy summer evening.



Starring Jennifer Grey as Frances “Baby” Houseman and Patrick Swayze as dance instructor Johnny Castle, the film has a languid, nostalgic summery mood with incredible music and one of the best dance sequences you may ever see. So with hopefully fine weather it promises to be another most enjoyable occasion, when in addition to the film itself you will have access to the bar and meal choices. **The film will start at 9.00pm**, when it gets dark, leaving plenty of time beforehand to sample the offerings available. So check out your rugs and picnic seats.

The problem with outdoor film shows is that if the weather is at all inclement, and that includes strong wind, our current equipment would be easily damaged. So we have been exploring new screens particularly suitable to showing films outdoors. Hopefully we will have one in time for the August events. Long-term, adding an outdoor screen to our existing equipment will open the way to more Open Air screenings – for example in Layston Park Gardens.

The next date we have for you is **Friday 3<sup>rd</sup> September**. This is the day before another of our town's traditional events, the **Buntingford Classic Car Show**, so we shall be showing an appropriate film to get us all in the mood: **Ford v Ferrari**, filmed in 2019 and released here as *Le Mans 66*.

Starring Matt Damon as car designer Carroll Shelby and Christian Bale as British racing car driver Ken Miles, the film tells the true story of their plan to take on the racing cars of Enzo Ferrari in the classic Le Mans 24-hour race in 1966. The film was nominated for four Oscars in 2020, including Best Picture. Although it missed out on the big one, it won the other three – for film editing, sound editing and sound mixing.



For our venue for this screening we shall be returning to the Seth Ward Community Centre, commencing 7.30pm. As was our practice before lockdown so rudely intervened, a glass of wine and appropriate nibbles are included in the price of the ticket. The bar will be also be open and fully stocked.

**Tickets for Ford v Ferrari and Dirty Dancing will be available on-line at:**  
<https://www.facebook.com/buntingfordfilmfestival/>  
and at Keith Ian's on the High Street (using credit cards only if possible)

Then from October up until Christmas we will be showing a film on the first Saturday in the month in the Seth Ward Community Centre. The programme is being researched at the moment but make a note of **Saturday 4<sup>th</sup> December** when we plan to hold a **charity event in aid of Home-Start**. This is an organisation set up to help families in the difficult years between birth and school and has been doing sterling work throughout the lockdown. It has recently expanded to Buntingford and certainly deserves our support.

This is just one of the ways that our Film Club is helping to enrich our Community. Another, as part of the build-up towards the COP-26 Climate Summit in Glasgow in November, is that we're co-hosting with Buntingford Action on Climate Change and Sustainability (BACCS) a screening of the new film **2040**, which The New York Times has called "... a rare climate documentary with an optimistic message. Its central conceit is what the director, Damon Gameau, calls fact-based dreaming: he envisions a world where the existential threats of global change have been curtailed using only the technologies that exist today. Discussions of science and economics alternate with sprightly story-telling (stop-motion animation; dramatised scenes set in 2040 with Gameau in old-age makeup). He explores solar-powered microgrid systems, shared driverless car schemes, initiatives to regenerate farmland and experiments to transform ocean floor 'deserts' into productive 'farmland' producing carbon-capturing seaweed that grows at a meter per day. It's an accessible, informative and optimistic look at solutions to the climate crisis."

Free film screening (donations welcome) with drinks and snacks, plus a conversation afterwards, at 57 Wyddial Road, Buntingford, at **8.00pm on Thursday 12<sup>th</sup> August** – open air, weather permitting. Contact [david@peacechild.org](mailto:david@peacechild.org) to book your place.

As there will not be another edition of The Buntingford Journal until September, please keep in touch via local social media which will ensure you are kept informed.

Brian Thompson

## BRAUGHING FAIR AND WHEELBARROW RACE



**Saturday 4th September, 2021**

Although the Braughing Fair and Wheelbarrow Race is usually in early July, this year, due to waiting for the lifting of Covid restrictions, we are planning the event for **Saturday 4<sup>th</sup> September**. This is, of course, still dependent on there being no restrictions still in place. Some favourite stalls and events have already been booked including:

- Bar, run by Friends of Jenyns
- Food stalls including barbecue pizza, paella and vegetarian/vegan
- Dog show
- Falconry display
- Gin stall (Copper in the Clouds)
- Jam/preserves stall
- Rides and bouncy castle
- Tea and cakes in the church hall
- Face painting & Jewellery stall

If you are interested in having a stall for your society or charity, please email [stalls@braughingwheelbarrowrace.com](mailto:stalls@braughingwheelbarrowrace.com). If you would like to get involved in helping to run the event, or alternatively would like to sponsor the event, please get in touch by emailing [info@braughingwheelbarrowrace.com](mailto:info@braughingwheelbarrowrace.com) or via our Facebook page.

**Braughing Fair and Wheelbarrow Race Team**

## The History of Hyde Hall Farm – Part 2

### The Cannon Family

In last month's edition I delved into the history of Hyde Hall Farm and its owners up until the early 1900s. This month the story continues with the next chapter.

The Cannon family had been farming at Southern Green Farm in Rushden since 1841; in 1886 Benjamin Cannon and his wife Emma took over. They had five children – Leonard born in 1877, Mary born 1879, Ethel born 1883, Frank born 1884 and Herbert born 1888. Emma died in 1888 and Ben remarried in 1889. His bride was Catherine Wright whose family farmed at Wood Farm in Rushden. Catherine and Ben had another child, Benjamin Cecil born 1903.

It became apparent that Southern Green Farm would not support all of the sons who were working there. We know from records that the Walkers of Hyde Hall were selling up and moving in 1905, and it may be that Frank Cannon purchased some of the stock and equipment from them to set up at Hyde Hall. Family records show that around 1905 to 1907 a lease was taken out with the Baker family who still owned Hyde Hall Farm. As Frank was only 22 at the time it is possible that his father may have helped with this acquisition – an advert in the Royston Crow in 1906, seeking 2 good farm labourers to help at Hyde Hall Farm, says to apply to B Cannon, Rushden.



Benjamin and Emma Cannon.

---

To start with Frank would ride his horse across the fields from Rushden to Hyde Hall as he still lived at Rushden. In June 1912 he married Kate Mary Barnes and they moved into Hyde Hall where they had three children – Brian born in 1915, Betty born in 1918 and Rosemary born 1931. According to a document in the archives, in 1923 Frank purchased the farm from the Baker family who had been selling lots of assets in and around Sandon.

During the 1920s and 1930s, in addition to working Hyde Hall Farm, Frank did a lot of contracting work for other local farms. His steam engine and threshing machine could often be seen being driven along the local roads on route to another job. Once there the steam engine would drive the thresher which separated the grain from the stalks.

Frank immersed himself in the local community. He was a county councillor for Sandon, a Justice of the Peace for Hertfordshire, Vice Chair of Bishops Stortford Public Assistance Board and Chairman of Buntingford Board of Governors which oversaw the Buntingford Workhouse. During the war he was on 13 different Ministry of Agriculture committees



Above: Frank Cannon and Kate with the couple's third child, Rosemary. Below: Betty Cannon and Brian in his RAF uniform.



whose job it was to increase food production. He was a keen bowls player and member of Buntingford Bowls Club. He donated the Cannon Cup to the club.

Frank eventually retired from the farm and he and Kate moved to Westmill where he died in September 1971. Kate died in March 1976 and both are buried in Sandon Churchyard.

Brian, Frank's son, had been helping his father run the farm business, but although he was exempt from serving during the Second World War, he nonetheless enlisted in the



Peter Cannon

Air Force and because he was good at maths he was sent to train as a navigator in Canada.

In 1944 Brian married Pamela Rust, a former Land Army girl. Brian said that during the war Italian prisoners of war held at Royston laid a water pipe from Mill End up to Hyde Hall. Brian and Pamela had three children, Peter, Christopher and Jane, and during his time in charge at Hyde Hall Brian grew crops and kept beef cattle and pigs.

Peter married Susan Bond in 1969 and they moved into The Hoops at Mill End. Peter, who had trained at Shuttleworth Agricultural College, expanded the pig-rearing side of the business, but eventually he got more involved in the arable side of the farm. When Brian retired in 1985 and moved to Therfield, Peter and Susan moved into Hyde Hall. Brian died in 2005 and was buried in Sandon Churchyard.

Peter eventually sold the pigs and concentrated on the arable side of the farm. He also started to convert some of the redundant farm buildings into office accommodation.

Christopher went to Cirencester College and when he left there the family bought a small dairy farm of 50 acres in Suffolk. It was quite rundown and unmodernised but he took it on and worked it for six years until 1983 when he returned to Sandon. The family then bought Mill End Farm, again 50 acres, and Christopher set about building barns and cow sheds and establishing a dairy herd. But in the late 1990s the price of milk plummeted and like many dairy farmers he sold the herd. By 2001 he had turned Mill End into an Equestrian Centre which is still running today.

Peter and Susan had two children, Benjamin and Rebecca, and Ben started farming at Hyde Hall in around 2010. When his father died in 2014, Ben and his wife Fiona took over management of the farm. The farm is still around 600 acres, about the same as when Frank first farmed there. It is mostly arable but they have a few cows who graze on pasture, and in the winter, they take in a herd which over-winters in their barns.



Ben Cannon, current custodian of Hyde Hall Farm, with a recent new resident.



### **Hyde Hall as it looks today.**

(Photo by Carol Emery, all other photos courtesy of the Cannon family.)

---

Ben and his staff still do contract work for other local farmers, totalling around 1400 acres, to make the most of their machinery, the cost of which is very high. Like many modern farms they have also had to diversify. In addition to the farm they run a fencing and tree surgery company, and supply seasoned logs to locals.

They are still converting the old farm buildings into offices, retaining the lovely oak roof structures. There are about 120 people who now work at businesses in these offices, which include a photography business, antique furniture restorers, and kitchen designers.

Today Susan Cannon still lives in the lovely Hall. The cellars appear to pre-date the current house so may be from the former house. There is also a wall that surrounds the house which may have been the original wall. There is a well in the garden which was from the old brewery business, although the old brick water tower which was once near the well was demolished some years ago. The malting shed is still in situ, a long single-storey building with small arches along ground level where presumably fires were lit to malt the barley.

I wonder what Frank would think of the farm if he was able to see the progress his relatives have made over the 115 years since he took it on? I am sure he would be proud of them and the legacy he started.

I would like to thank all the members of the Cannon family who have helped me in my research for this article.

**Carol Emery, Buntingford Local History Group**

## VINTAGE CAKES and SUMPTUOUS SOUPS



*Vintage Cakes, Scones, Cream Teas  
and Homemade Soups with fresh bread  
rolls – delivered to your door!*

*Please contact for price list: -*

**ewyld93@gmail.com**



**mob: 07501 495 940 / tel: 01763 289 738**

### **Recipe for July** *Banana Tarte Tatin*

This recipe is a popular Jamie Oliver dessert; baking is a bit more involved than savoury recipes, so make sure you use the exact weights and measures. Serves 6

#### **Ingredients**

60g unsalted butter  
150g caster sugar  
4 large bananas  
¼ tsp ground cinnamon  
1 orange

plain flour for dusting  
250g puff pastry  
*optional* - crème fraiche  
*optional* - vanilla ice cream  
1 tbsp desiccated coconut

#### **Method**

1. Preheat oven to 180°C/350°F/Gas 4.
2. Cut butter into cubes and put into deep-sided baking tray approx. 19 x 30cm. Place tray on low heat to melt butter, add sugar and stir until combined. Continue to cook for about 5 minutes or until caramel colour.
3. Peel the bananas, slice them lengthways and lay on top of the golden caramel. Remove from the heat and sprinkle over the cinnamon and finely grated zest from ½ the orange.
4. Dust a work surface with flour. Roll out the pastry to a rectangle shape about the size of your baking tray, 0.5cm thick.
5. Drape the pastry over a rolling pin and lay on top of the bananas, tucking the pastry around the sides. Prick the pastry a few times.
6. Place the tray at the top of hot oven for 25–30 minutes until golden. (Check one corner to see if pastry is cooked, and if not return to the oven for a few minutes.)
7. Carefully turn out the Tarte Tatin by placing a serving plate over the tarte and gently turning over.
8. Serve with crème fraiche and more grated orange rind or ice cream with coconut topping.

***Elaine – Vintage Cakes and Sumptuous Soups***

***Tel: 01763 289 738 / m. 07501 495 940***

***Facebook – Sumptuous Soups and Country Cakes***



The photos here show **Riverfly Monitoring** by volunteers in Buntingford on Sunday 6<sup>th</sup> June. The monitoring is now going well, with two sites being checked monthly, come rain or shine. At this session, two of FORQ's monitors from Buntingford were joined by one from Braughing, and one of the monitors had also brought along his granddaughter, who was interested to see what her grandfather had found. A good variety of invertebrates were identified across the two sites. Full details of the species found are on the FORQ website.

A couple of suitable sites within Braughing have been provisionally identified and it is hoped that riverfly monitoring there will start soon.

If you think this is something you would find interesting to get involved in, then please contact us. Training sessions are being held regularly now that Covid restrictions are starting to be eased.

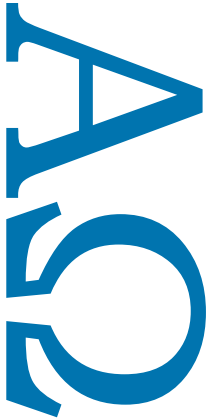
FORQ and the Chalk Aquifer Alliance (CAA) have been reviewing the Draft Chalk Stream Restoration Strategy, which was the subject for the CAA talk by Charles Rangeley-Wilson on 2<sup>nd</sup> June (recording available on the CAA website). Both organisations will be submitting responses through the appropriate channels before the deadline. More details on the strategy are available via either the FORQ or the CAA websites.

FORQ member Peter Sinclair, who surveyed the River Quin during the winter and early spring months, has now started his survey of the upper River Rib. The first details of his work will shortly be available on the FORQ website.

Useful Links:

<https://friendsoftherib.wordpress.com/blog/>  
<https://chalkaquiferalliance.wordpress.com/events/>

**Pauline Ayres**  
Communications FORQ



## ALPHA AND OMEGA

- A Alpha the beginning of life
- L Life is born anew
- P Pearls of wisdom
- H Happiness will thrive
- A All the wonders of this world
- A Amazing creatures great and small
- N Nature will survive
- D Downward the path of sorrow
- O Onwards until the bitter end
- M Mercy and compassion
- E Everlasting love
- G Gone is the power of life as God's creation ends
- A Amen

**Maureen Smith**

---

Since my near death experience with covid, as part of my recovery I have been writing poetry again. This is one I was inspired to write very recently.

## ENGLISH SUMMER

At last the sun rises and glistens through the trees  
The buzzing of the bumble bee and the grass soft and bouncy under knees.  
The warmth on our neck as the day picks up heat.  
Time to holiday and feel sea and sand under feet.

The weather is good and there are smiles on children's faces.  
As they pack buckets and spades and visit memory-making places.  
Rolling down a sandy dune or a luscious green hill.  
Going on the pier and on rides till they make themselves ill.

Grandparents watching and feeling quite proud.  
Laughing but actually thinking, my goodness they are loud.  
The parents are so glad that Summer is here at last.  
As it brings back so many memories of holidays past.

Let's enjoy the sun, wait is that a grey cloud and rain that I see?  
Oh yes that's right, we are in England, but there is no place I would rather be.  
Staying right here and hopefully safe  
As the summer rain comes down and cools every hot sticky little face.

**Jackie Smith**

I would like to thank everyone who left such lovely comments after my poem 'My Covid Journey' was printed in The Journal. Here is another, much shorter, poem I thought I would share about my experience.

## MY MEDAL OF HONOUR

I have a little medal, I wear it on my throat,  
It's not made of gold, silver or bronze, and I can't pin it on my coat.  
It will always be there to remind me of what could have been,  
Even though I can't polish it to make it shine or gleam.  
It won't glisten or shine with reflected light,  
And I didn't stand on a rostrum like a medal winner might.  
It was given to me by special people, awarded to keep me alive,  
It's my tracheotomy scar and given to me to survive.  
So I will wear my medal like a badge of honour for those that didn't make it,  
And secretly, if I'm honest, it will show I didn't fake it!  
So if you see me cover it, just remind me if you could,  
It's my badge of honour, it's made of skin not gold.

Jackie Smith

Do you fancy a trip out to our pretty village of Ardeley (SG2 7AH) to enjoy a cream tea with homemade scones and cakes ?

We are once again planning to be open for teas **from 2.30pm on Sunday 1<sup>st</sup> August and Sunday 5<sup>th</sup> September** (subject to any Covid restrictions). Proceeds in aid of the St Lawrence Church funds.

We look forward to welcoming you to our village with its beautiful 13<sup>th</sup> century church and thatched cottages round the Green.

For further information contact **Wendy Waygood** on **01438 861260**.

Do come and join us for a traditional afternoon tea.





# The Hundred Parishes Society

[www.hundredparishes.org.uk](http://www.hundredparishes.org.uk)

With school holidays approaching and more people spending time near home, I would like to remind you of the walk routes that are on the Society's website and free to download and print. We have been steadily increasing the number of recommended routes and now offer more than 75 walks covering some 400 miles in total, with little repetition. Soon, each of the Hundred Parishes will feature

in at least one of our walks. Most routes have a mixture of countryside and village or town. There is a good range of distances, from 1 mile upwards. Station walks start and finish at railway stations and all others start and finish at a suitable place to park.

Our aim is to help residents and visitors to easily enjoy and get to know the area. The routes are planned so as to use good paths and quiet lanes, and to achieve an interesting mix of scenery. The descriptions not only seek to ensure that nobody gets lost but also to provide sufficient information to make the outing interesting, made possible by the area's abundance of public rights of way, its gentle natural beauty and wealth of listed buildings. Many walks pass or finish near a pub or tea room, thankfully now open again.

While we can plan the route to pass through attractive countryside and villages, we can't predict what pleasures nature may bestow along the way: perhaps majestic cloud formations, the sights and sounds of birds, the variety of butterflies and insects, the scale of badger diggings, deer prints, a glimpse of a herd of deer, a hare or fox. The seasons bring changes to trees, crops, wayside flowers and fruits. With such potential, each walk can be an adventure that changes through the year. We encourage you to carry a camera.

**Ken McDonald, Secretary**



A small selection of the visual variety on Hundred Parishes recommended routes. Above: Chishill windmill from Barley; below: Shalford and near Little Dunmow in Essex; right: Hatfield Broad Oak and Clavering.





# THE ACCIDENT

## A short story

May Livingstone looked around her with the practised eye of a Crown Court judge. Retired she might be, but in a room full of strangers her mind went into observation and assessment mode. The lounge at Hill View where Laura, her daughter, had deposited her – she nearly said ‘dumped’ – whilst the family went on holiday for two weeks, offered the unlovely spectacle of her elderly peers reclining and declining in huge plastic chairs. Some had bibs and aprons over their clothes, no doubt to catch the dribbles and spills of perpetually open mouths. All were silent or quietly snoring in front of a relentless television. There were two men but the remaining 10 – she counted – were withered women in their 80s and 90s. In attendance the staff seemed positively rowdy, calling instructions to each other over the clang of trolleys, shouting a question into the ears of residents whose hearing was poor, and giving off an uninterrupted sense of busyness.

In a court of law, May could pick out the victims, the villains, the co-conspirators, the acquiescent partners and the moral guardians of society before she’d even sat down. Nine times out of ten that first glance would give her an instinct for justice that was rarely disputed by the evidence. Now, as her eye swept the room where she sat in her upright plastic chair, she could see the victims (heads lolling on narrow chests), angry and sullen conspirators (mouths tightly pursed in disappointment), and the bewildered (those whose vacant eyes showed that they had long left reality behind). Some pulled a thread – imaginary or not – on their cardigans; others shuffled feet in tatty slippers.

Were there any criminals in this establishment? Nowhere to be seen, apparently. She remembered a few fraud cases where men who had served on the boards of such establishments – and they were mostly men – had helped themselves to a yacht and sports car lifestyle whilst depriving their staff of the minimum wage. Occasionally she’d seen care staff, not in the dock but looking down from the public gallery, resigned or tearful as their menfolk went to prison. Such women, she knew, viewed their time apart both as a mercy and a burden – freedom yes, but with a tiny income with which to raise the children.

But her eye caught a different face, right across the space of carpet ahead of her.

A woman who appeared to be of her own age stared back at her with glittering eyes and shrewd candour. Hair tied back tightly in a grey bun, feet tucked neatly into black lace-ups (not slippers), she gave May a small smile. May half-smiled back, not quite sure of the social etiquette in a room so large that they could not fall into easy conversation. If they had been seated next to each other, May might have asked her something – perhaps what newspaper she read, that civilised way to discover someone else’s politics. But on further consideration she noticed that the chairs were placed insufficiently close for conversation, the space between each chair crammed with sticks, strollers or tables. She chanced another look and made a connection: these were the eyes of a scamp who’d got away with something – the criminal who’d manipulated a reduced sentence, the liar who’d been caught for one thing but had another much longer string of misdemeanours to his or her name. May smiled to herself – I know you. Such felons had been some of her favourites, often highly intelligent characters who had put their talents to use on the wrong side of the law, taking prison in their stride and, on release, ready for whatever new excitement life might bring. She smiled across the room in recognition of a lively mind and looked forward to finding a way to talk.

At which point, a sudden warmth alerted May to her own guilty secret. She hadn’t told Laura that she had begun to be incontinent and therefore Hill View hadn’t known either. May clenched her buttocks self-consciously, blushing with the guilt of a two year old. Any

minute now yellow urine would escape onto the plastic seat and, worse still, start dripping onto the floor. She looked around helplessly for the far too occupied staff – all of whom, at that moment, seemed to have vanished. If there was more liquid to come and she pushed herself off the seat, then her wet backside would be exposed. If she stayed where she was, the warm trickle would become cold and smelly. She wished suddenly that her twinkly-eyed companion across the room was as sleepy as the rest of them, but the steady and direct gaze persisted. That woman must have pressed a bell because one of the staff appeared over there, followed by a whispered conversation and pointing.

A member of staff in a blue apron came over to May and stood looking down at her, exactly as the stern house-mother from her boarding school had done 70 years ago. She called for “Alice” who appeared by her side and, in a voice meant to be heard, announced that “May’s had an accident, Alice. Can you get the cleaning stuff and help me get her to her room?” Rows of sleepy heads continued to loll but one or two showed interest at an unexpected event: a man ostentatiously got up out of his seat and left the room; a woman got out a handkerchief and sniffed noisily into it.

“Don’t you worry now, we’re just going to sort you out May. Let’s get you to your room. Upsy daisy...” The house-mother and Alice took an arm each to raise May’s heavy and sodden body from its chair, which made a pronounced smacking sound as clothes separated from plastic. The threesome stumbled across the room, May head down but still able to catch the supercilious smile of the woman who’d become her judge, jury and executioner.

As she limped down the corridor to her room, all May could think of was the hundreds of men and women she’d seen escorted from the dock, one court officer on either side, stumbling down concrete stairs to the cells and the waiting van.

**Chris Kell, Buntingford Writers Group**

## BUNTINGFORD WRITERS GROUP

*Buntingford Writers Group* has been in existence for about 6 years. We welcome enquiries from Buntingford and the surrounding villages. Some of the group write fiction, others non-fiction, film scripts, autobiography, blogs. Some have been published, others not. The most important thing is a desire to write and a willingness to share your writing with others for mutual feedback and enjoyment. We meet every six weeks in each other’s homes – gardens at the moment, or other outdoor spaces. If you would like to know more, please email: [chriskell37@gmail.com](mailto:chriskell37@gmail.com) or phone 07816 935396. There is no charge to join.

If you have something you would like to contribute to the *Buntingford Journal* – an article of news, a story, an opinion piece, a poem, photograph or memory – please contact the editor, **Christine Noble**, on **01763 273095** or email [Journal@buntingfordcivic.org.uk](mailto:Journal@buntingfordcivic.org.uk)



## What is CrossFit?

This is a question often asked and to be perfectly honest I could talk all day about it. I'll try to be as succinct as I can. In a phrase, it is "*constantly varied, functional movements, performed at high intensity*".

CrossFit is also the world's leading platform for health and performance! Quite a statement, but it's now in almost every country in the world after just a 20-year history beginning in a garage gym in the USA.

We seek to "*increase work capacity across all modal domains*". What does that mean? Well, if you picture a spectrum of types of fitness, with say the world's strongest man at one end and a marathon runner at the other end, CrossFit pitches itself somewhere in the middle. We still want to enable a heavy deadlift or fast mile – but also everything else in between.

So, what is it actually? The variation comes in a mixture of Weightlifting, Powerlifting, Monostructural exercise (i.e. running, rowing, skipping etc) and Gymnastics movements. Overall, there are more than 150 movements which are all coached with specific standards to obtain and structured progressions to lead to your goal movements.

We use anything you can pick up and hang from to create workouts which are different every day. Don't have a press up? No problem we will start you on an incline or banded press-ups to begin with, then you'll progress to a lower incline, smaller band and so on. Don't have a pull up? Again, a structured progression is used to allow you to build strength gradually and get to your first pull up.

Sessions are planned around a warm-up, a strength or skill, then a workout of the day (WOD for short). Every care is taken to ensure that all movements are appropriately scaled and weighted to suit the individual. In short, it's Group personal training. Good movement is paramount and technique is trained before load.

**Who can do CrossFit?** ANYONE! Literally anyone can begin, whatever your age! We currently have members as young as 17 going up to 75.

**Do I need to be fit to start?** Nope! There is a starting place for everyone, and all workouts are scaled and adapted to the individual. We test the fittest and the new starters in the same class with the same workouts.

**If I am already fit will I be held back by others less fit?** Absolutely not! You'll be tested to the intensity you want to go to.

**What are the benefits?** These are endless and transferrable to everyday life – increased strength, heart health, bone density, mobility, wellbeing all round.

### Some myths tackled

*I will just get big and bulky:* If someone wants big muscles, they need to train in a certain way for many hours a week with specific dietary requirements in a very strict regime.

*Cardio will burn more calories than strength exercise:* This is a half myth. Short term it's true, but over a 24-hour period you burn more calories from weight-centred training.

*I'm too old to start training!* Age is just a number and it's your mindset that counts. The squats I do now will ensure that when I reach old age I can get around unaided. To coin a phrase, you can't turn the clock back, but you can wind it up again. Check out a lady called Joan @trainwithjoan on Instagram to see real examples of how change is possible.

If you would like to know more and see if CrossFit is for you, go to our website [www.crossfitbuntingford.co.uk](http://www.crossfitbuntingford.co.uk) to book a FREE taster session, or call **07912 653164**. It might just be the best hour you spend on your health. Long term we hope to offer classes for seniors, and kids too. If these are of interest to you, please get in touch.

In the next issue I'll explore how CrossFit can help with the effects of ageing.

Yours in CrossFit, **Mick Nolan**  
[www.crossfitbuntingford.co.uk](http://www.crossfitbuntingford.co.uk) / **07912 653164**



**Buntingford  
& Stortford  
Hybrid  
Studio**

**Personal Training, Venue  
Exercise Classes, Online  
Exercise Classes and Pre  
Recorded Workouts**

Fitness Pilates, Circuits, Dance Fit,  
HIIT, Hooping, Boxing & Mindfulness

**WWW.JACQUI-SMITH.NET**  
07956 647806

**zoom**

Just like in the last issue of the Journal, I am waiting for the Government to announce if we will be moving into step 4 out of lockdown.

May saw a lot of rain around, but fortunately there were not too many outdoor classes that we had to cancel. June saw the sun arrive and when I went from long leggings to cropped leggings for teaching, I found I already had brown ankles from all the classes taught outside!

Our Online Studio is still going strong, with some of our members being ex-Buntingford Residents who have now moved away from the area but still enjoy working out with us online, which is fantastic. Meanwhile many of our local members are now enjoying a mix of real-world and zoom classes.

I am pleased to see that many of my Personal Training clients who are training for various charity events are getting fitter and fitter, as this will make their big days so much more fun and enjoyable for them.

The Pilates Seated & Matwork Classes at Attend to Health are going well and I am enjoying teaching there. Also the Buntingford U3A Classes re-started back in June, with the last of these, my U3A Seated Class, also coming back soon.

And lastly if anyone, whatever your age, wants some help with getting into fitness, with mental health assistance, or with joining a class, please contact me. Exercise really does makes a difference.

**Jacqui Smith, Personal Trainer**  
[theteam@jacqui-smith.net](mailto:theteam@jacqui-smith.net) / **07956 647806**

# u3a learn, laugh, live

## Buntingford

[www.u3asites.org.uk/buntingford](http://www.u3asites.org.uk/buntingford)



Above: U3A Chairman Jim Farquhar with his wife Kate at the picnic.



with baited breath to see if Prime Minister Boris Johnson will fully relax our Covid 19 restrictions on the 21<sup>st</sup> June. As I type it's just two weeks away from decision day but with the continuing spread of the Delta (India) variant nothing is certain.

It was, therefore, extra special for us to get to meet members that we hadn't seen for many months at the u3a Day 'Picnic in the Park', held in Layston Court Gardens by kind permission of the Buntingford Town Council. The idea was not only for us to meet up again but to be visible to the public so that prospective new members could come and have a chat and find out more about the u3a. We had four people who were interested in joining and as I think you can see from the photos here an on this month's Journal cover, everyone had a lovely time. Please check our website for more up-to-date information.

**Jean Cook**





# HOME-START NEEDS YOU!!



Royston, Buntingford &  
South Cambridgeshire



We are relaunching our fun and friendly  
**Fundraising Group** and are looking for volunteers  
to come and join the team!

Come along to our Coffee Morning in Royston on  
15th July to find out more.

(Email: [admin@hsrsc.org.uk](mailto:admin@hsrsc.org.uk) or call 01763 262262 for venue details)

After a year of “doing things digitally” at HSRBSC, we are re-launching our fun and friendly Fundraising Group, and we’re looking for volunteers.

## What does the Fundraising Group do?

The Fundraising Group supports our work in the community through fundraising activities. Maybe you’d like to be part of our Strictly Come Dancing event in March next year? Or help at our Ceilidh in February? Could you be one of our friendly faces on a stall at a village fete? Or are you brimming with brilliant ideas for new events?

Home-Start supports local families who are finding life tough; we provide sensitive, compassionate support to any family who needs a helping hand. Parenting is sometimes a difficult, lonely place to be. We provide support to parents to help make their children’s futures brighter – 118 local families were supported by our volunteers in 2019-20. The Fundraising Group is a crucial part of this work. We don’t receive any government funding, we rely on income from fundraising events to help local families when they need us. Working closely with the Fundraising staff, the Group meets regularly and works as a team to map out the charity’s fundraising activity for the year, and to plan and manage each event as it comes up. The Fundraising Group is key to helping us to achieve our target income of around £190,000 every year!

## Come and Meet Us!

Can you help us to transform the lives of local children, and give them the best start in life? We’re hosting a social gathering for new and existing fundraising volunteers on **15<sup>th</sup> July, 10am, at 52 Sun Hill, Royston, SG8 9AX**. We’ll have tea, coffee and cake, hopefully with some sunshine, and you’ll have the chance to ask us questions and find out a bit more about what we do. If you have a little time to spare – maybe just an hour here and there, maybe more – we would love to welcome you to our Fundraising Group. Whatever skills or experience you have, whether you’ve done this before or never done it at all, we want to hear from you!

[www.hsrsc.org.uk](http://www.hsrsc.org.uk) / 01763 262262 / [admin@hsrsc.org.uk](mailto:admin@hsrsc.org.uk)

Thank you for helping us to give children a brighter future.

*“Volunteers don’t get paid, not because they’re worthless, but because they’re priceless.” Sherry Anderson*



BUNTINGFORD  
SCHOOL of DANCE

## ISTD Graded classes in Ballet, Tap & Modern and Recreational classes in Commercial Dance

New pupils are always welcome, we are holding a waiting list for pupils to start in September. Please contact us for further details. All new pupils get a **NO OBLIGATION TRIAL** in the classes they wish to join. We currently offer Ballet, Tap, Modern/Jazz and Commercial Dance classes. Please read on for further information about all the dance genres we offer. We take pupils from 3 years old.

### Exciting News!

As well as continuing classes online during the lockdowns, three of our senior pupils – Amelia, Chloe and Leanne – also auditioned for Vocational Ballet Schools. Pupils had to audition by filming the required work themselves then submit it for consideration – hard work as every school had different requirements. Luckily there was



a brief window of opportunity to film the audition work in a Hall before Lockdown restrictions were imposed again in mid December. All three pupils received offers from a variety of schools.

Leanne (right) has accepted a highly coveted place at the Central School of Ballet in London and begins her professional training in September. Amelia and Chloe (above) have decided to stay on at school and take A-Levels while continuing their ballet and dance training with us.

### What do we offer and what does it involve?

We offer classes in Ballet, Tap, Modern/Jazz & Commercial Dance. Pupils can start in Ballet from 3 years old and



Dance Mash (our introduction to all the other genres) from 4 years old. From 7 years old pupils can join Tap, Modern/Jazz and Commercial Classes. Pupils can start at any age, but it's never too late to start – while lots join us at 3 or 4 years old, some don't join us until they are older. Classes are every week during term time in venues in Buntingford, Great Hormead and Barkway. Below is a very brief introduction to the different dance styles and their history.

**TAP** – Tap Dance is a form of Percussive dance characterised by using the sound of tap shoes, specially designed with metal toe and heel taps, hitting the floor as a percussive instrument. The goal in tap dancing is to produce clear, clean sounds, with various levels of tone. Apart from being an essential skill for the professional dancer, it is one of the most enjoyable and rhythmic forms of recreational dance. Its history can be traced to the clog dancers of the mill towns in the North of England and the American style that grew up in the Deep South alongside jazz music. We also offer a 'just for fun' adult Tap class for anyone who would like to join in, whether an absolute beginner or a proficient tapper.

**MODERN/JAZZ** – Modern Theatre dance is a rhythmic dance style, which originated in America before travelling to the rest of the world. It is often seen on the stages of musical productions and is known for its theatrical qualities. The style uses travelling steps, high kicks, leaps and turns which all need strength and flexibility. This is a highly energetic dance style. Born early in the 20<sup>th</sup> century Modern Dance developed as dancers rebelled against the rigid rules of Classical Ballet, in favour of a more relaxed and free style of dancing. Modern Dance encourages dancers to use their emotions and moods. Another way in which Modern differs from Ballet's graceful and upright nature, is by using gravity and body weight to enhance movement. Rudolf Laban was notable as one of Europe's pioneers of Modern Dance and Martha Graham is considered one of the foremost pioneers of American Modern Dance.

**COMMERCIAL DANCE** – Commercial dance encompasses a myriad of styles. This can include Street, Jazz, Hip-Hop and Contemporary. It is the type of dance seen in music videos, on the catwalk and at fashion shows, artist tours, advertising campaigns, corporate events, TV & film etc. Commercial Dance is very popular at the moment, and is taught at all of the major vocational dance colleges, as it equips students with up-to-date and relevant dance skills and presents a wide range of employment options. Our Commercial classes are recreational non-syllabus classes.

**BALLET** – Ballet is a good foundation for all dance. We teach the Cecchetti method of Classical Ballet, and follow the exam syllabus of the Imperial Society of Teachers of Dancing (ISTD). Born in Italy in 1850 Enrico Cecchetti was a brilliant virtuoso dancer who went on to become the leading teacher of his generation. Pavlova and Nijinski were two of his many famous students and he worked with Dame Marie Rambert and Dame Ninette de Valois, the founders of British Ballet. Cecchetti's own teaching was geared to professional dancers so the Cecchetti Society has evolved a series of graded syllabi to prepare children for the needs of this very demanding work. Darcy Bussell, former Prima Ballerina with the Royal Ballet Company, has said: "The Cecchetti work has given me strength, discipline and co-ordination. It wasn't until I got to the Royal Ballet Company that I realised how lucky I was to have that training."

If your child fancies giving any of these dance styles a go, please contact us on the email address below or take a look at our website;

**Email:** [admin@buntingfordschoolofdance.co.uk](mailto:admin@buntingfordschoolofdance.co.uk)  
[www.buntingfordschoolofdance.co.uk](http://www.buntingfordschoolofdance.co.uk)

You can also find us on [Facebook](#) and [Instagram](#)



## Come and join Millfield Nursery

Looking for the best start for your child? Come and join our Nursery at Millfield First & Nursery School in Buntingford. At Millfield we offer morning Nursery sessions and additional afternoon Early Explorers sessions for 3 to 4 year olds.



### Millfield Nursery offers:

- A newly developed Early Years environment.
- Highly trained and dedicated staff.
- A variety of inspirational child-led learning activities.
- A smooth transition into full-time education.
- Daily afternoon Early Explorers sessions providing additional enrichment activities through fun, engaging, first-hand experiences specifically designed to prepare children for Reception.

If you would like any additional information or to apply for a place for your child, please view our website or contact us:

<https://www.millfield.herts.sch.uk/>

[admin@millfield.herts.sch.uk](mailto:admin@millfield.herts.sch.uk)

01763 271717



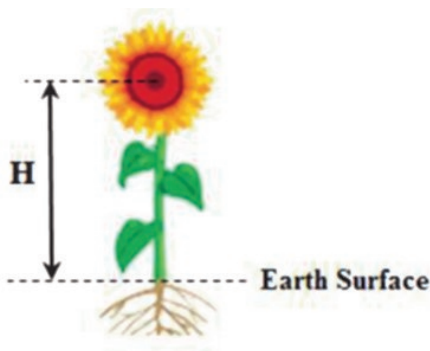
# MILLFIELD FIRST & NURSERY SCHOOL

[www.millfield.herts.sch.uk](http://www.millfield.herts.sch.uk)



The Summer term is a wonderful time of year for the children with so many exciting opportunities to experience. Whilst following the restrictions of COVID-19, we have still been able to offer enriched learning for Millfield children. This has included, but is not limited to, sporting events, local trips to learn about Buntingford and enrichment sessions.

We have been developing our growing area with teams of children taking on the responsibilities of gardening – they have learnt so much about how to take care of plant life. A big thank you to Tesco in Baldock who donated an array of flowers for Millfield children to plant. As a result of this increased plant knowledge, Mrs Brown, our Deputy Headteacher, set Millfield children and staff a competition to grow their own sunflowers. Winners will be announced in September – we are all eagerly awaiting the growth of our sunflowers!



## Transition and Induction Time

The Summer term is also that time of year when we celebrate and say goodbye to our Year 4 children, as well as supporting Millfield children in their transition into the next school year and, of course, preparing to welcome new children starting with us in September.

On Thursday 8<sup>th</sup> July, our Year 4 children will be visiting their chosen middle school for the day. They are excited about the next stage in their education! We have a range of events in store for our Year 4 children over the Summer term – and there will also be some surprises!

On the same day, we will be hosting a Transition Morning at Millfield to help all our children prepare for the start of the new school year in September 2021. And throughout the Summer term we welcome new parents/carers for induction sessions and meetings, ahead of their child starting in Nursery or Reception classes in September 2021.

**From September 2021 Millfield Nursery** will be utilising the Pre-School and Nursery classrooms to create a larger purposeful Nursery unit. **We are offering a 15-hour weekly Nursery provision every morning, as well as additional afternoon 'Early Explorers' sessions to enable us to offer a full 30-hour weekly provision for all Nursery families that are interested. We currently have a limited number of morning spaces available** (see left). Please contact the School Office via telephone (**01763 271717**) or email (**[admin@millfield.herts.sch.uk](mailto:admin@millfield.herts.sch.uk)**) if you wish to apply for your child or to find out more about our Nursery provision. Our school website is also full of information that may be of interest to you: **<https://www.millfield.herts.sch.uk/>**

The Millfield community continues to work together in order to ensure a safe environment for us all. Everyone is playing their part in adhering to Government guidance and we very much appreciate the support and understanding from our school community.

**Laura Kennedy-Weeks, Headteacher**  
**Millfield First & Nursery School**



# Layston C of E First School

*Loving to Learn, Learning to Love  
For every child a chance to shine!*

*Loving to Learn, Learning to Love. For every child a chance to shine.*



Our Christian Value this half term is 'Trust' and we will be using stories from the bible to help explore the value. Trust is the very essence of faith, trust is essential to human life and lies at the heart of all relationships. Trust is central to living together in harmony and so it is to be valued and honoured.

"But blessed is the one who trusts in the Lord,  
whose confidence is in him. They will be like a tree  
planted by the water that sends out its roots by the  
stream. It does not fear when heat comes; its leaves  
are always green. It has no worries in a year of  
drought and never fails to bear fruit."

**Jeremiah 17:7-8**

In the coming weeks we still have plenty to look forward to this term, with a number of great opportunities for the children to consolidate and enrich their learning. We have a visit planned from a petting zoo, team building events (building on trust), Y4 day visit to Hudnall Park, Sports Day for all the children, plus our Leavers' Production as we bid farewell to our Year 4 children.

## **FOLS**

Our Parent-Teacher Association (Friends of Layston School, or FOLS) have been working hard to organise events such as Mad May Hair Day and other non-uniform days. We now look forward to a visit by a petting zoo which they have organised for all the children to experience. We would like to thank FOLS for all their efforts in giving our children these fun-packed events despite the pandemic, and for taking the time to arrange things safely to raise funds that benefit all our children throughout the year.

Finally, as we come to the end of the school year we practise gratitude for our community and the NHS, hope for the future and the new challenges ahead, and have trust in our

abilities to move forward in our learning and friendships. We look forward to a restful summer break to relax and rejuvenate ready for new beginnings in the next school year.

To find out more about our school, or if you might be interested in becoming a school governor, please visit our website at [www.layston.herts.sch.uk](http://www.layston.herts.sch.uk).

From all of us here at Layston we would like to thank you for your continued support.

**Adele McMurrough, Headteacher**



# Edwinstree Middle School



A Voluntary Controlled Church of England School

*As a Christian school, we recognise the unique and wonderful in everyone.  
As a community, we support one another to flourish and live life in all its fullness.*

## **Testing in schools and colleges to stop the spread of the virus**

Over 49 million rapid COVID-19 tests have been conducted by students and staff at schools and colleges across England since Monday 4<sup>th</sup> January. Building regular twice-weekly testing into routines has been critical in reaching this milestone number of tests and is testament to the dedication of students and staff attempting to keep the virus out of schools and colleges.

Education Secretary Gavin Williamson said:

*"I am grateful and humbled by the actions that everyone working in education has taken to pull together and deliver this programme. Alongside the wider protective measures in place that we must all continue following, this asymptomatic testing helps break chains of transmission by taking people who are infectious but don't know it out of circulation. As we head towards the end of this challenging academic year, please encourage your staff and students to keep testing and reporting."*

KS3 students and members of staff continue the twice-weekly testing programme in order to keep our community safe and avoid further disruption to our students' education. I am grateful for the support from the Edwinstree community; following the many changes we have had to make, it has been much appreciated.

## **How are students recovering from lockdown at Edwinstree?**

Students are settling back into their learning within school and are becoming familiar with the routines of a school day. We are seeing them commit to their learning and move forward and we hope to see the majority of our students make rapid progress this term. Interventions are in place to support students whose well-being has been affected by lockdown, especially with their reading and arithmetic.

Behaviour remains unregulated at times for both students, staff and our community. This is to be expected after such a strange 14 months and is reflected in all schools across the country. We are currently using Zones of Regulation, a powerful learning programme to support students.

The Zones of Regulation programme teaches us how to build awareness of feelings and our internal state and utilise a variety of tools and strategies for regulation, prosocial skills, self-care and overall wellness. It helps provide a common language and compassionate framework to support positive mental health.

Staff at Edwinstree have recently taken part after school in an online training course for the programme. In light of the pandemic, the course has been really helpful in identifying

our feelings and how we can learn to control our emotions. It gives staff a greater understanding of how to cope and explains some of the unregulated behaviours we are seeing in students as well as ourselves. Students are learning about the different zones of regulation and how it can help them in their everyday life, both at school and at home.

### **What is our Collective Worship value and why?**

We have thought long and hard about the values we need to reflect upon and what we have learnt from this year. Since September, we have considered **Compassion, Hope and Endurance**, and this term our value is **Trust**. We are aware that, at the moment, trust in our community seems very fragile, so we will be exploring how a 'Trust in God' might help and what this might mean for us.

### **How are we making sure our students recover some of their childhood and the memories they have been unable to make**

We continue to look for opportunities to find ways for our students to have fun and make memories by holding competitive events within the school. Last month we wrote about the singing competitions we would be holding at the end of term. These have now taken place (see photos below) and our competition winners have had the opportunity for a fun swim at Ward Fremar pool. For some this was the first time in a pool for a long time. It was an absolute delight to see and hear the students enjoying themselves, the noise of laughter and joy ringing through the pool was so good to hear. This term, we are looking for more opportunities for some fun and laughter.



### **On reflection, what we have learnt from the Covid-19 pandemic?**

We became aware and very thankful for the amazing outdoor space we have here. When the students considered the value of 'compassion' we reflected on what it must have been like to live in a tower block and attend school with so little space, when we were unable to go out.

Following this reflection came the desire to increase the use of our outdoor space as a learning environment. We now have a two-year plan to build a pond environment and a sensory garden. As part of the pond project, parents and families are invited to support us by helping to source and/or donate items. If any community members are willing to contribute to the following, we would be very grateful: gardening gloves, micro spades and shovels, tarpaulins, sunshades, tarp clips.

We have added some of these items to the school's Amazon Wish List (<https://amzn.eu/fbbM315>) but there are some things that we cannot source from Amazon.

We will keep you updated with details as the project progresses, but we would love to hear from anyone in the community who may be able to help, especially if you have links to a company who could donate items or reduce the cost of items to the school.

**Jo Gant, Headteacher**

## Buntingford Cougars

Hopefully everyone is aware by now that the Cougars celebrate their 50<sup>th</sup> anniversary in September. As part of the celebrations, the Cougars will be organising a sponsored walk to raise money for charity. The club has a long history of sponsored walks so we thought it was the perfect way to see in this anniversary.

We then wanted to ensure that we got the right charity to raise money for. One that is local and involved with children. So, in our minds there was only one choice – The Lynsey Ivison Trust.



The Lynsey Ivison Trust has been running for 30 years and their aim is to raise money so that they are able to offer holidays to families with children who have life-threatening illnesses, holidays that will make memories the families can cherish forever. They currently offer families either a break at Centre Parcs, a stay in their own caravan at Hopton Haven in Norfolk, or a day at their beach hut at Frinton. These breaks give families a precious bit of time away from treatment and hospitals, so they can relax and switch off from the hard times they are going through and simply enjoy some much-needed family time. Without fundraisers and donations none of this would be possible so they are truly grateful for every penny that gets donated.

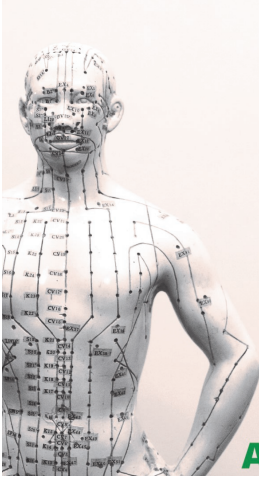
The inspiration for the Trust was the short life and sad passing of a singularly bright and courageous young girl called Lynsey Ivison. Diagnosed with cancer at the age of nine, Lynsey had no illusions about the seriousness of her illness; nevertheless she was determined that life should go on as normally as possible and that her family and friends should not feel sad. Throughout her arduous treatment she persevered with her passions – dancing, swimming and family cycle rides, as well as her studies.

Please do all you are able to support the Cougars and this great cause. All Cougars teams will get details of the walk at their end of season presentations in July. Much more to come about the celebrations – keep a look out on social media for full details!

**David Deane, Buntingford Cougars**

If you would like to **advertise** in the *Buntingford Journal*, please contact **Keith Edwards** on **01763 272032** or email **Advertising@buntingfordcivic.org.uk**

Attend2Health is pleased to announce that we have a new Acupuncturist starting at the clinic from next month. His name is Jethro Rowland and he is an Acupuncturist and Chinese



## Acupuncture

Medical Herbalist. He has been practising Traditional Chinese Medicine (TCM) for some 30 years.

Jethro first came across Acupuncture and Oriental medicine in the early 1980s when he became interested in eastern philosophy. He then spent a lot of time travelling in the far East and Australia where his interest in complementary medicine – in particular in Acupuncture and Oriental medicine – began to grow. Jethro was particularly attracted to the holistic aspect of TCM, the idea of treating the whole person, not just the symptoms, and thus addressing the root cause of the problem.

When he returned to the UK he began a course of study at the London School of

Acupuncture and Traditional Chinese Medicine (LSATCM), later Westminster University, and qualified in 1991. Jethro then went on to study Chinese Herbal Medicine at the London Academy of Oriental Medicine and qualified in 1995.

Ever since qualifying, Jethro has worked full time as a TCM practitioner in London and Hertfordshire and he has a very wide range of experience in treating many conditions. He specialises in skin disorders, stress and anxiety, and gynaecological disorders. He also specialises in addiction, having undergone considerable training in the treatment of substance misuse and addiction to alcohol and prescribed medication, and he works as a consultant practitioner at Resolve drug and alcohol treatment centre in Hertfordshire.

Jethro is a member of the Association of Traditional Chinese Medicine (ATCM) which is one of the three main professional associations that govern the practice of acupuncture and herbal medicine in the UK. He also sits on their professional conduct committee. It will be great to have Jethro as part of the Attend2Health team. For more information please call **01763 878087**.

**Louise Hampton**

**Just a reminder to all Journal Readers that Buntingford Library is now open normal hours:**

Monday 10am – 5.30pm  
Tuesday 10am – 5.30pm  
Wednesday closed

Thursday 10am – 5.30pm  
Friday 2pm – 5.30pm  
Saturday 9am – 1.00pm

We still have Covid restrictions in place.

**Julie Clements, Library Assistant, Buntingford Library**

# Meeting House Boarding Kennels and Cattery



Family run kennels and cattery in 2 acres.

Fully trained staff.

Individual heated kennels with attached runs leading on to large grass exercise paddocks.

All pets must be fully vaccinated including dogs for kennel cough.

Vet on call 24/7.

Open for viewing – please call Peter or Sarah for an appointment.

**Meeting House Boarding Kennels and Cattery,**  
Warren Lane, Cottered, nr Buntingford, Hertfordshire, SG9 9QG

**Phone:** 01763 281258

**Email:** [enquiries@meetinghouse-kennels.co.uk](mailto:enquiries@meetinghouse-kennels.co.uk)

**Website:** [www.meetinghouse-kennels.co.uk](http://www.meetinghouse-kennels.co.uk)



## TRAVEL STOP

BIG ENOUGH TO OFFER THE WORLD. SMALL ENOUGH TO CARE

*As the world begins to open up,  
book your next holiday with Travel Stop*

*There are a handful of countries on the Green List, Iceland is one of them!*



*We are open for appointments during normal office hours,  
by telephone on 01763 788222 or by email [buntingford@travel-stop.co.uk](mailto:buntingford@travel-stop.co.uk)*

*We will be here whenever you need us.*





home improvements

Quality workmanship  
Fair prices • Local team



Kitchens



Bathrooms



Refurbishments

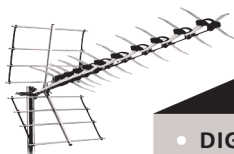


Garage conversions



Exterior improvements

Call Steve 07739 723103  
Or email [steve@steverolt.co.uk](mailto:steve@steverolt.co.uk)  
[www.steverolt.co.uk](http://www.steverolt.co.uk)



## HERTFORD TV SERVICE

Tel: 01992 552955 [www.hertfordtvservice.co.uk](http://www.hertfordtvservice.co.uk)

Freeview

sky HD

freesat



MEMBER

- DIGITAL FREEVIEW AERIAL INSTALLATIONS
- EXTRA TV POINTS and SKY PLAYBACK
- AERIAL REPAIRS and STORM DAMAGE
- DAB/FM AERIALS and COMMUNAL TV SYSTEMS
- FREESAT HD, SKY+HD and SKY Q
- HIDDEN DISH SPECIALISTS and FOREIGN SATELLITE
- PLASMA/LCD/LED TV, AUDIO and DVD REPAIRS
- TV WALL INSTALLATIONS and HIDDEN CABLES
- WIRELESS BURGLAR INTRUDER ALARM SYSTEMS
- CCTV SYSTEMS IN FULL HD – WATCH ON YOUR TABLET OR SMART PHONE ANYWHERE IN THE WORLD
- WIFI ACCESS POINTS and DATA NETWORK DISTRIBUTION
- SONOS and HOME CINEMA AUDIO SPECIALISTS
- VIDEO DOOR ENTRY and INTERCOM SYSTEMS

UNIT 1B, FOXHOLES AVENUE, HERTFORD SG13 7JG  
LOCAL FAMILY BUSINESS ESTABLISHED 1979 • ALL WORK FULLY GUARANTEED

# Poulton Building Supplies

## Landscaping & Garden Materials

### GRAB/MUCK AWAY SERVICE



## Small enough to care... Large enough to cope

When you are looking to make improvements to your home it's vital you pick a supplier that's got all the credentials you need to get your materials to site on time, every time.

We provide a delivery service which is second to none working for large national house builders, construction firms right down to self builders throughout the Hertfordshire area.

We are happy to supply to the trade and retail customers.

# Tel 01763 273932

# www.jackpoulton.co.uk

Poulton Building Supplies is a trading name of Jack Poulton & Sons Ltd  
Poulton Building Supplies, Home Farm Haulage & Storage Depot, Aspenden Road  
Buntingford, Hertfordshire, SG9 9FG email: [enquiries@jackpoulton.co.uk](mailto:enquiries@jackpoulton.co.uk)



Grab Hire



Aggregates



Drainage



Bricks & Blocks



Insulation



Landscaping

# B & M Installations Limited

Household, Commercial & Industrial Electrical Work

Testing & Inspections Fault Finding/Reports

Factory Installations Reliable Local Electrician

NICEIC Approved



Why not call us today for a quote: 07973 726843 or 01763 288501



## Walkers Garage Ltd

Car servicing and repairs  
at very reasonable prices

Servicing • MoT presentation / repairs •  
Welding • Timing belts • Clutches •  
Brakes checked / replaced • Engines  
replaced / overhauled etc • Airbag /  
Emission warning lights  
and much more .....

Over 25 years car mending experience

Free collection / delivery etc

2 Owles Lane, Buntingford, SG9 9JA

**Telephone 01763 272 125**

*All work is fully insured*

## M Rome Joinery Ltd

Throcking, Buntingford

Your local established  
Joinery company

Quality bespoke  
Kitchens, Conservatories, Doors,  
Windows, Staircases, Barn  
Conversions, Listed Buildings  
etc ...

**Mat Rome**

Tel/Fax: 01763 287507

Mobile: 07814 838460

email: [mat@mromejoinery.co.uk](mailto:mat@mromejoinery.co.uk)

website: [www.mromejoinery.co.uk](http://www.mromejoinery.co.uk)

**attend2health**  
helping you back to health

**£20 off**  
your first  
appointment  
with this advert\*

- Nutritional Therapy
- Chiroprody & Podiatry
- Sports Massage
- Physiotherapy
- Chiropractors
- Hypnotherapy
- Osteopaths

**attend2health** Helping you get back to health  
01763 87 80 87  
[www.attend2health.co.uk](http://www.attend2health.co.uk)

**27 High Street Buntingford SG9 9AB 01763 87 80 87**



We carry out service, repair and installation of all central heating systems and gas appliances.

Boiler annual service (with discount for customers within the SG9 post code)  
Hive smart thermostat installation  
Powerflushing  
Breakdowns and repairs  
Carbon monoxide detector installation  
System filters installed  
Boiler replacement

For further details , free quotation or to book an appointment, give us a call

Tel: 01763 772017 / 07968 752393  
[www.buntingfordheating.co.uk](http://www.buntingfordheating.co.uk)  
Email : [info@buntingfordheating.co.uk](mailto:info@buntingfordheating.co.uk)  
We are a local company with a great reputation

## COLLINS ROOFING SERVICES LTD

BUNTINGFORD LOCAL FLAT ROOF SPECIALIST

We also deal with

New Roof  
Roof repairs  
UPVC Guttering  
Fascias & Soffits  
Boards  
Chimney Stack  
Repairs



Installer of  
Velux Windows

All work guaranteed  
Free estimates  
Free advice  
No obligation

119 Snells Mead, Buntingford, Herts., SG9 9JH

Tel: 01763 661350      Mob: 07831 265599

Email: [collins.roofing@hotmail.co.uk](mailto:collins.roofing@hotmail.co.uk)

You Can Find us on Facebook @collinsroofingservices

## Carers in Hertfordshire Online



Due to the situation with the coronavirus most of Carers Support Hub groups are meeting online via Zoom. The main purpose of the groups is to bring carers together so they can offer each other practical and emotional support.

**If you would like to join in a group online we request that you book a place.** If the group for the area where you live is at a time you can't make, or is not yet running online, you are welcome to book a place at another meeting. Please note the meetings may be subject to change so contact us to check details.

To book email [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk) or phone **01992 58 69 69** and let us know which group you are interested in. Once you've booked a place we will send you confirmation and the meeting login details. If you're booking by phone it would be useful if you could confirm your email address. **Please do let us know if you have any other technical issues or requirements, as we may be able to help.**



### Carers in Hertfordshire Hub groups meeting online via Zoom

Name of Group	When Meeting
Berkhamsted (a joint meeting with Hemel Hempstead)	Second Tuesday of the month, 10.30am – 11.30am.
Bishop's Stortford	First Wednesday of the month 10.30am – 11.30am.
Borehamwood	Second Thursday of the month, 10.30am – 11.30am.
Buntingford	Last Tuesday of the month, 10.30am – 11.30am.
Chorleywood & Rickmansworth	Third Monday of the month 10.30am—11.30am
Harpenden	Third Thursday of the month 10.30am – 11.30am.
Letchworth Garden City	Third Wednesday of the month 10.30am – 11.30am.
Potters Bar	Last Wednesday of the month 10.30am – 11.30am
Royston	First Thursday of the month 10.30am – 11.30am.
Stevenage	Last Thursday of the month 10.30am – 11.30am.
Ware	Third Friday of the month, 11am – 12pm noon.
Watford	Second Monday of the month, 10.30am - 11.30pm.

Our **Men's Carers' Group** is also meeting online on the **last Tuesday of the month, 1.30pm – 2.30pm** and twice a week we have some informal meet ups on Zoom for any carers to join in with so they can have a chat. Please contact us for more details or if you'd like to join any of these meetings.

Our Carer Support Advisors should also be able to advise you of other groups for carers that are meeting online during the coronavirus pandemic. You can contact them 9.30am – 5pm Monday to Thursday and 9am – 4pm on Fridays for advice or support related to your caring role.

**To contact us call: 01992 58 69 69**  
**Email: [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk)**  
**Visit: [www.carersinherts.org.uk](http://www.carersinherts.org.uk)**



*Making Carers Count*

## SANDON CYGNETS PRE-SCHOOL



- Places for 2, 3 and 4 year olds
- 9.00am till 3.00pm (1.30pm on a Tues)
- Beautiful rural setting
- High staff:child ratio
- An engaging and large outside area
- Child centred learning
- Excellent links with Sandon School
- Flexible use of government funded sessions
- Claim your 15 or 30 hours



01763 287238

[www.sandon-cygnets.co.uk](http://www.sandon-cygnets.co.uk)

[sandoncygnets@gmail.com](mailto:sandoncygnets@gmail.com)



To advertise in the Buntingford  
Journal, call Keith Edwards

**01763 272032**

**MIKE VARNEY PHYSIOTHERAPY**

**PUCKERIDGE CLINIC**

**PHYSIOTHERAPY  
SHOCKWAVE THERAPY  
MIGRAINE/HEADACHE TREATMENT  
ACUPUNCTURE  
SPORTS MASSAGE**

NEAR VINTAGE COURT, PUCKERIDGE SG11 1SA

**CALL 01920 821452 OR 01279 414959  
OR EMAIL [HERTS@MIKEVARNEYPHYSIO.CO.UK](mailto:HERTS@MIKEVARNEYPHYSIO.CO.UK)**

**Oil, LPG & Gas Boiler  
Servicing and Installations  
10 months interest free credit  
on new Worcester Boilers  
Plumbing & Heating**



Install Team: 01992 504655 Services: 01992 535236  
www.ncspropertymaintenance.co.uk

✉ enquiries@ncspm.co.uk

🐦 @NCS\_ECO

📘 NCS Property Maintenance



**Buy a used car from MJ Warner**

Your trusted local Volkswagen retailer since 1980



**Das WeltAuto.**

Used cars you can trust. Guaranteed.

**Our Car Sales offers you...**



flexible  
finance  
offers



months fully  
comprehensive  
warranty



point  
predelivery  
inspection



months  
roadside  
assistance



2 free services when  
purchased with  
Solutions finance

**Our Service Department offers you...**

- Free collection and delivery
- Free loan cars
- Highly trained Volkswagen technicians
- All warranty work carried out
- All leased cars invoiced directly to the leasing company
- Latest 4-wheel laser alignment equipment
- We will price match any local garage when using genuine Volkswagen parts
- Full manufacturer support



**M J Warner**

Hare Street, Buntingford, Hertfordshire, SG9 0EA  
Telephone: 01763 290145 | www.mjwarner.co.uk

# Willow Landscapes

*Your local area specialist - lowest rates*

Tree Surgery  
Stump Grinding  
Hedge Cutting  
Fencing  
Turfing  
Garden Tidy



Leaf Clearance  
Patio Work  
All Paving Work  
undertaken  
and much more...  
All work guaranteed

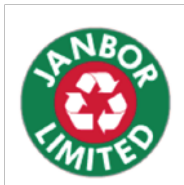
Office: **07936 360 652**

Call Sid on **07925 273 773**

**willowlandscapes1983@outlook.com**

Willow Tree Farm, London Road, Barkway, Herts SG8 8EY

## WOOD BRIQUETTES



**High burn temperatures, Safe for wood burners, Very low ash content, Clean to handle**

**£3 per bag collected from Furneux Pelham or  
£5 per bag free local delivery  
(min order applies)**

*For more info please call  
01279 777666 or email  
janbor@btconnect.com*

*All prices are inclusive of VAT charged at 5%*

## **TRUSTED LOCAL WILL WRITER**

Providing a professional, friendly service in Buntingford, I offer free advice and will guide you through your options.

- ◆ Will Writing & Trusts
- ◆ Lasting Power of Attorneys (LPA's)
- ◆ Probate Administration
- ◆ Inheritance Tax and Estate Planning
- ◆ Member of The Society of Will Writers

**www.dqrwillsandprobate.co.uk**  
**emma@dqrwillsandprobate.co.uk**  
**01920 747208**



Please see our Facebook page for recent reviews



## **The Earth's Richies**

**Gardening & Landscaping Services**

**01763 661 516 - 07957 493 325**

**We offer a full Gardening & Landscaping service, whatever your garden needs; we have the expertise, resources and knowledge to achieve the perfect garden for you!**

## **Buntingford Chiropody Clinic**

HCPC Registered Chiropodist  
Alison Smith BSc Pod.Med

**Telephone 07942 207347  
for appointments**

**24 High Street, Buntingford, SG9 9AQ**

**Peter Worby**  
Antiques Restoration

## **ANTIQUES RESTORATION**

over 40 years experience

All Repairs, Inc. Modern, Polishing

Fully Insured, Free Estimates, No V.A.T.

Tel: 01920 821973

e.mail: peterworby56@gmail.com

www.peterworby.co.uk

## **P.J.DEARDS**

### ***Plumbing and Heating Services***

For all your plumbing and heating requirements.

No job too small. Fully insured.  
Free quote and advice given



**Call: 07704 842 208**

## **PSYCHOTHERAPY SERVICES**



Psychotherapy services available for individuals, couples and families. I am a UKCP qualified and experienced psychotherapist. I offer appointments in person and online to fit around your work, home and family life.

Please visit **[www.physisconsultancy.co.uk](http://www.physisconsultancy.co.uk)** for further information and to book your session today.

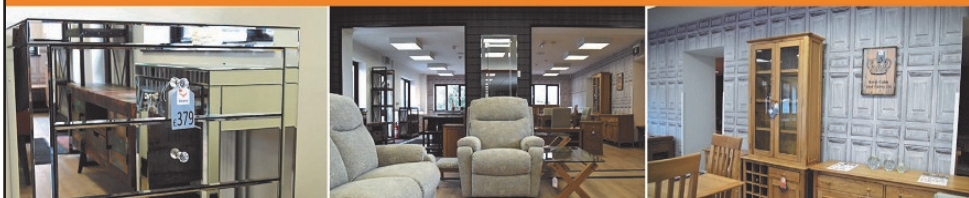


Deans Furnishers .com

Drop in and take a look  
around our brand  
new showroom



**30 Room Sets • Over 20 Tables & Chairs on display**  
**FREE parking for over 25 cars • FREE Delivery**



**Live in Ware or Hertford and can't get to the showroom?**  
**Call 01920 468887 and we will pick you up**



Stonyhills, Ware, Hertfordshire SG12 0HJ

**Tel: 01920 468887**

Email: [info@beds2go.co.uk](mailto:info@beds2go.co.uk) • [www.deansfurnishers.com](http://www.deansfurnishers.com)

Opening times: Mon-Sat 9am to 5pm, Sun 10am to 1pm, Bank Holidays 10am to 3pm



@deansfurnishers



@deansfurnishers.co.uk



@deansfurnisher

# COUNTRY MAIDS

DOMESTIC CLEANING SERVICES

*Let us take Care of your Housework . . . .*

- Spring Cleans
- Weekly or 2 Weekly regular Cleans



- Carpet Cleaning

Telephone: **01763 272908**



**PLUMBING & HEATING LTD**

**24 HOUR**  
EMERGENCY CALL OUT

- Boiler servicing • Underfloor heating • Hot water cylinders
- Complete central heating systems including gas, LPG & oil
- Complete bathroom refurbishments including tiling

Call: 01763 274717 Mobile: 07966 078371  
jamie@sjsplumbingandheating.co.uk  
[www.sjs-plumbingandheating.com](http://www.sjs-plumbingandheating.com)



*Anthony Howes Ltd*

French Polishing ~ Floor Sanding Services  
~ furniture ~ staircases ~ panelling ~ floors ~

Mobile : 07790 696631

E-mail : [howespolishing@gmail.com](mailto:howespolishing@gmail.com)

Website : [www.ahowespolishingandflooring.co.uk](http://www.ahowespolishingandflooring.co.uk)

## SJW MAINTENANCE

Gardening Hedge Cutting  
Grass Cutting Garden Maintenance  
Strimming Gutter Clearance

Also Decorating & General Household  
Maintenance

1 Barkway Road 01763 849 636  
Anstey SG9 0BF 07805 606 550

## KARATE AND SELF DEFENCE

AT BUNTINGFORD'S BEST  
KARATE CLUB

OPEN TUESDAY AND THURSDAY 7:30PM  
EDWINSTREE SCHOOL GYM

AGES 10 -110 YEARS BOTH SEXES  
INSTRUCTION BY BLACK BELTS

TEL: **BILL HOOPER**  
**01763 273123**

"RUNNING SINCE 1983"

[www.hertfordshirekarate.co.uk](http://www.hertfordshirekarate.co.uk)



the **humble**line  
graphic design

Hello! I'm a local graphic designer specialising  
in helping small businesses reach their full  
potential and attract new audiences.

- Branding & Logo Design
- Leaflets, Posters, Brochures, Reports
- Web Design & Social Media
- Packaging
- Adverts & Marketing
- Copywriting & Typesetting

*Does your branding reflect your  
unique personality?*

[www.thehumbleline.com](http://www.thehumbleline.com)  
[anne@thehumbleline.com](mailto:anne@thehumbleline.com)

Follow me @thehumbleline to see my latest  
projects, design tips & more.

Join  
**Buntingford**  
Chamber of Commerce



- Advertise
- Network
- Learn

[www.buntingfordchamberofcommerce.co.uk](http://www.buntingfordchamberofcommerce.co.uk)  
E: [info@buntingfordchamberofcommerce.co.uk](mailto:info@buntingfordchamberofcommerce.co.uk)

## C.W. Electrical (Herts.) Ltd.

- Rewires
- Alterations
- Additions
- Domestic
- Commercial
- Industrial
- Testing
- PV Solar Systems

**Part P registered**

**Telephone: 01763 271647**  
**[clivewebb@cwelectric.co.uk](mailto:clivewebb@cwelectric.co.uk)**

**NICEIC registered**

**Mobile: 07968 493364**  
**[www.cwelectric.co.uk](http://www.cwelectric.co.uk)**



## Looking for an NHS dentist?

We're welcoming new NHS and private patients. Come and meet our dentist, Hemant Sharma, and the team who are able to offer a range of treatments and services including Invisalign, hygiene, tooth whitening and implant referrals to our clinic in Cambourne. For more information or to book an appointment please call - 01763 271676

### Buntingford Dental Clinic

23 High Street, Buntingford, Hertfordshire SG9 9AB

## *Ace of Herts*

Recycling green waste to preserve the environment

♥ Soil conditioning composts    ♥ Top Soils    ♥ Blended Soils

- ♥ Improves all round soil condition
- ♥ Introduces organic matter
- ♥ Feeds your plants
- ♥ Increases worm populations

Cumberlow Green Farm  
 Buntingford  
 Herts. SG9 0QD  
 Tel: 01763 281223  
 Mob: 07884 408529  
 Fax: 01763 281424  
 email: sales@aceofherts.co.uk

- Bulk orders bagged or loose
- Soils blended to your needs
- Quality top soils
- Composted bark
- Bark chippings

**You can collect or ask for deliveries to your door**

For information how Ace of Herts is made, please visit our website [www.aceofherts.co.uk](http://www.aceofherts.co.uk)

# BUY-A-BRICK AND HELP BUILD OUR FUTURE

Building our own airbase will help us secure the future of the charity's North Weald operations.

Buying a brick is a great way to be part of our new airbase. Every pound goes to the build. Thank you.



Choose your brick at [ehaat.org/buy-a-brick](https://ehaat.org/buy-a-brick) or call us on **0345 2417 690**



We'll send you an email to thank you for your support.



We'll send you an e-certificate of thanks.



We'll send you an e-certificate of thanks, and your name will be credited in the reception area for a minimum of a year.



You'll be invited to a special preview of our North Weald Visitor Centre in 2021, we'll send you an e-certificate of thanks, and your name will be credited in the reception area for a minimum of a year.



Providing specialist legal advice and representation to households in Hertfordshire for over 20 years

**Practical Wisdom.  
Caring Advice.  
Results.**

**Offices in Buntingford & Hertford**

- Conveyancing
- Family
- Inheritance disputes
- Probate

**www.judkins-solicitors.co.uk | mail@judkins-solicitors.co.uk**

**T: 01763 448152 | Judkins Solicitors, Manor House, Buntingford SG9 9AB**

**CALL NOW FOR A CONFIDENTIAL FIXED FEE APPOINTMENT**



**Councillors  
Jeff Jones & Stan Bull**

Your East Herts District  
Councillors for  
Buntingford Ward

**For A Better Buntingford**

Contact us with any local issues

Cllr Jeff Jones  
01763 274800  
jeff.jones@eastherts.gov.uk

Cllr Stan Bull  
01763 272939  
stan.bull@eastherts.gov.uk

[www.eastherts.gov.uk](http://www.eastherts.gov.uk)

**OVENCLEAN®**  
*The original oven cleaning specialists*

*Ovenclean will transform your oven and put the sparkle back into your kitchen!*

- ✓ *Friendly, professional and reliable*
- ✓ *Completely safe, eco-friendly cleaning system*
- ✓ *No fumes, no mess, no bother*
- ✓ *Removes grease, fat and burnt on carbon deposits from:*
  - Ovens • Filters • Hobs • Grills • BBQ's • Ranges
  - Extractors • Microwaves • AGA's

*We can also repair your electric oven or hob.*

*Repairs include, element replacement, thermostats and fan motors.*

**Call Owen Rowlands today to book your oven clean/repair on:**

**07445 073 648 or 0800 840 7127**

[www.ovenclean.com](http://www.ovenclean.com)

# The Golden Fleece



Pub and Dining Rooms

## Jess & Pete welcome you to **The Golden Fleece.**

Stylish, relaxed & welcoming.  
Imaginative menu that  
changes monthly.  
Great wines and real ales.

**Once you've been,  
you'll want to return!**

20 Green End, Braughing  
[www.goldenfleecebraughing.co.uk](http://www.goldenfleecebraughing.co.uk)  
01920 823555



**Locks Stock & More**  
your local friendly Hardware & Locksmith Service  
45a, High Street, Buntingford SG9 9AD



*Our shop is bigger than you think so please pop in and have a look*

### **Room 1:**

*Light Bulbs, sealants, plumbing, electrical, glues, cleaning items,  
batteries, bits and pieces...and more*

### **Room 2:**

*Paint: Interior, exterior, metal, Frenchic (furniture paint), paint  
tools/cleaning items, hardware tools, hinges, door décor, body  
protectors...and more*

### **Room 3:**

*Key Cutting, locks, bird seed, pet food, kindle, fire lighters, craft  
items, candles, garden, pest control...and more*

01763 448170 [info@locksstockandmore.co.uk](mailto:info@locksstockandmore.co.uk)  Locks Stock & More

## INDEX OF ADVERTISERS

<b>A</b> ce of Herts, Cumberlow Compost.....	A34	<b>KB</b> Tyres Ltd.....	A7
Andrew Coates - Garden Design.....	A11	John D Kilby & Co.....	A2
Apple Blossom Pre-School & Day Care.....	A12		
Apple Computer Specialist.....	A15	<b>L</b> ayston Pre-School.....	A16
A R Services.....	A9	Layston Windows.....	A18
Attend2Health.....	A17	Linden Flooring.....	A19
Attend2Health.....	A24	Locks Stock and More.....	A37
Austin's (Funerals & Memorials).....	A10	Deborah Loweth Chiropodist.....	A16
<b>B</b> arley and Barkway First Schools.....	A14	The <b>M</b> anor House.....	A39
B & M Installations.....	A24	Marketing Zone.....	A9
Bookkeeping Services—Chris Stigwood.....	A4	MD Maintenance (D Scarrott).....	A16
Bowtell Electrical Contractors Ltd.....	A14	Meeting House Boarding Kennels.....	A21
Tanya Brears Reflexology.....	A11	Melodies Music Education.....	A3
Buntingford Chamber of Commerce.....	A33	Mummy SOS.....	A11
Buntingford Chiropody.....	A30		
Buntingford Dancing School.....	A11	<b>N</b> ationwide Supplies.....	A6
Buntingford Dental Clinic.....	A34	NCS Property Maintenance.....	A28
Buntingford Heating.....	A25	Newton & Son AGA Engineers.....	A16
Buntingford Ironing Company.....	A4		
Buntingford Food Bank.....	A19	<b>O</b> ne to One Tutor.....	A39
Buntingford Karate Club.....	A33	OvenClean.....	A36
<b>C</b> arers in Hertfordshire.....	A26	<b>P</b> ark 'N' Load.....	A13
Ceramic Tiler (Mark Addison).....	A16	Personal Trainer (Jacqui Smith).....	A8
Chiropodist (Deborah Loweth).....	A16	Poulton's - Building Materials & Aggregates.....	A23
Church Lane Creative.....	A8	Premier Payroll.....	A11
Andrew Coates Garden Design.....	A8	Mike Varney Physiotherapy.....	A27
Collins Roofing Ltd.....	A25	Psychotherapy Services.....	A30
Complete Garden Service (Gregg Pettitt).....	A39		
Computer (LearnPC).....	A19	<b>R</b> adley Opticians.....	A20
Country Maids.....	A32	Radley Opticians.....	A40
Crossfit Buntingford.....	A5	RB Taxation Services.....	A39
Curwens.....	A14	Reed First School.....	A5
C W Electrical (Herts) Ltd.....	A33	Replenish and Reuse.....	A9
		Riverside Taxis.....	A3
		Rome Joinery Ltd.....	A24
<b>D</b> eans Furnishers.....	A31		
P J Deards, Plumbing and Heating.....	A30	<b>S</b> andon Cygnets Preschool.....	A27
District Councillors.....	A36	<b>S</b> hotokan Karate KSTSK.....	A12
DQR Wills and Probate.....	A29	SJ Tokely Ltd, Mechanical Engineers.....	A4
Dream Doors East Herts.....	A13	S.J.W. Maintenance.....	A33
		S.J.S.Plumbing & Heating.....	A32
The <b>E</b> arth's Richies.....	A30	Soggy Doggy Grooming.....	A18
East Herts Foot Health Clinic.....	A15	Steve Rolt Home Improvements.....	A22
P S Eveleigh, Plastering Contractor.....	A19		
		The <b>T</b> ile Shop.....	A2
<b>E</b> .C.B. Building & Decorating.....	A15	Touch of Glamour.....	A18
		Tracey's Travel.....	A13
The <b>G</b> olden Fleece.....	A37	Travel Stop.....	A21
<b>H</b> andyman - Barry Brown.....	A11	<b>U</b> K City Roofing.....	A18
H C Jewellers.....	A8		
Hertford Aerial Service.....	A5	<b>V</b> urchoo Jewellery.....	A12
Hertford TV Service.....	A22		
Hormead Cars - Dean Bye.....	A15	Jane <b>W</b> alker-Personal Health and Fitness Coach.....	A13
Anthony Howes - French Polishing.....	A32	Philip Walker- Motor Vehicle Engineer.....	A24
Suzanne Hoy MBACP Counsellor.....	A5	John Littleford - Web Designer.....	A5
Hudson's Stoves.....	A8	MJ Warner.....	A28
Humbleline Graphic Design.....	A33	Willow Landscapes.....	A29
		Peter Worby, Antique Restoration and Cabinet Maker....	A30
<b>J</b> anbor Limited - Wood Briquettes.....	A29		
J D Gardening and Grounds Maintenance.....	A16		
J P Services.....	A11		
Judkins Solicitors.....	A36		

## The Manor House



Set in the heart of the historic market town of Buntingford, the 18<sup>th</sup> Century Grade II Listed Manor House is a perfect setting for weddings and civil ceremonies. Seating up to 40 people, the Council Chamber is a perfect venue for your wedding ceremony.

There are ample photo opportunities outside the classic Georgian frontage, on the staircase, in the garden or in the stunning Layston Court Gardens across the road.

For a full colour brochure contact :

Jill Jones-Town Clerk, The Manor House, Buntingford, Herts., SG9 9AB.

Or email : [clerk@buntingford-tc.gov.uk](mailto:clerk@buntingford-tc.gov.uk) Telephone: 01763 272 222

[www.buntingford-tc.gov.uk](http://www.buntingford-tc.gov.uk)

**RB TAXATION SERVICES**  
ACCURATE ANSWERS....  
E: [enquiries@rbtaxation.com](mailto:enquiries@rbtaxation.com)  
T: 01763 847222  
[www.rbtaxation.com](http://www.rbtaxation.com)

## One to One Tutor

I come to you

### K.S.1 to G.C.S.E.

Help and support to ages 6 to 16

Friendly, Very Experienced and Local

Revision, Entrance Exams, G.C.S.E., SATS etc  
Home schooling support and advice

Mobile: 07835 193854

References available/enhanced DBS

## Complete Garden Service

Block paving driveways,  
Patios, Decking,  
Brickwork, Fencing,  
Garden Maintenance,  
Grass and Hedge Cutting.

Please contact Greg Pettitt for a free quotation

Mob: 07947 960 783

Email: [gregpettittcgs@aol.co.uk](mailto:gregpettittcgs@aol.co.uk)



# J. Oliver Radley Opticians

*"for a sharper image"*



## Your independent local optician

Spectacles

Sunglasses

Sports eyewear

Contact lenses

Reading spectacles



MICHAEL KORS

**Open Tuesday  
to Saturday:**

8:00am to 6:30pm

J. Oliver Radley Opticians  
36 High Street,  
Buntingford,  
SG9 9AQ

T: 01763 273300

TOM DAVIES  
BESPOKE  
MADE TO MEASURE EYEWEAR

*Silhouette*<sup>®</sup>

PORSCHE DESIGN  
EYEWEAR

L I N D B E R G <sup>∞</sup>

BVLGARI

TIFFANY & Co.

[www.radleyopticians.com](http://www.radleyopticians.com)